

Does my
“BUT” look
big in this?

Exodus
3:1-11



What are the excuses we allow to avoid
the challenges that faith calls us to?

Are our BUTS really things like:
Time, money, opportunity...?

Is your “BUT” bigger than your faith?

The Year of Overcoming

1John 5:3-4, “For this is the love of God, that we keep his commandments. And his commandments are not burdensome. For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.”

3 most common “BUTS”

1. The Booty of FEAR
2. The Caboose of CAN'T
3. The Plumbers Crack of WON'T

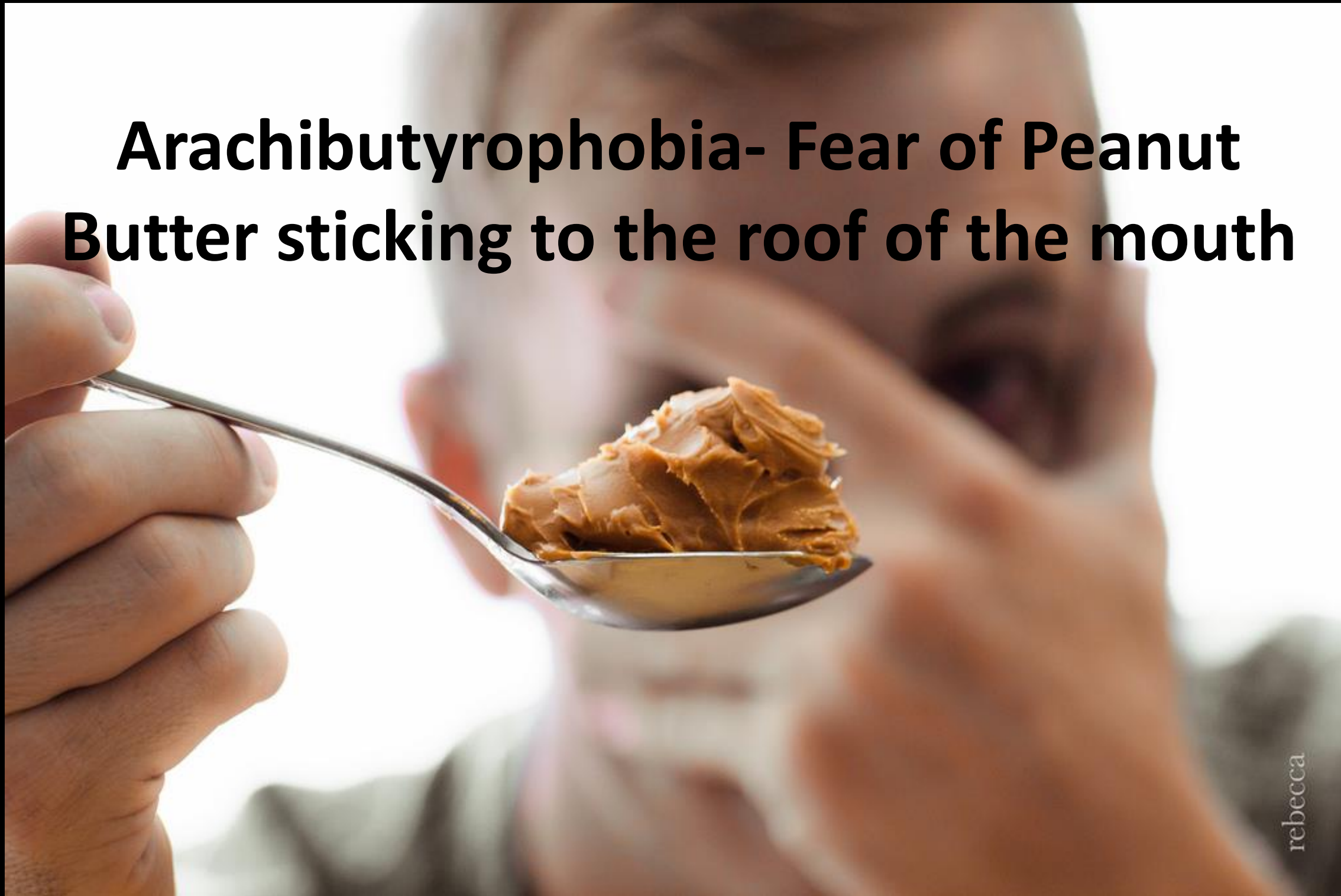
The Booty of FEAR comes in many shapes and sizes

THE NATION'S TOP TEN PHOBIAS

- 1 Arachnophobia — spiders
- 2 Social phobia — social or public situations
- 3 Aerophobia — flying
- 4 Agoraphobia — open or public spaces
- 5 Claustrophobia — enclosed spaces
- 6 Emetophobia — vomiting
- 7 Acrophobia (vertigo) — heights
- 8 Cancerphobia — developing cancer
- 9 Brontophobia — thunderstorms
- 10 Necrophobia — death (your own and others')



Arachibutyrophobia- Fear of Peanut Butter sticking to the roof of the mouth



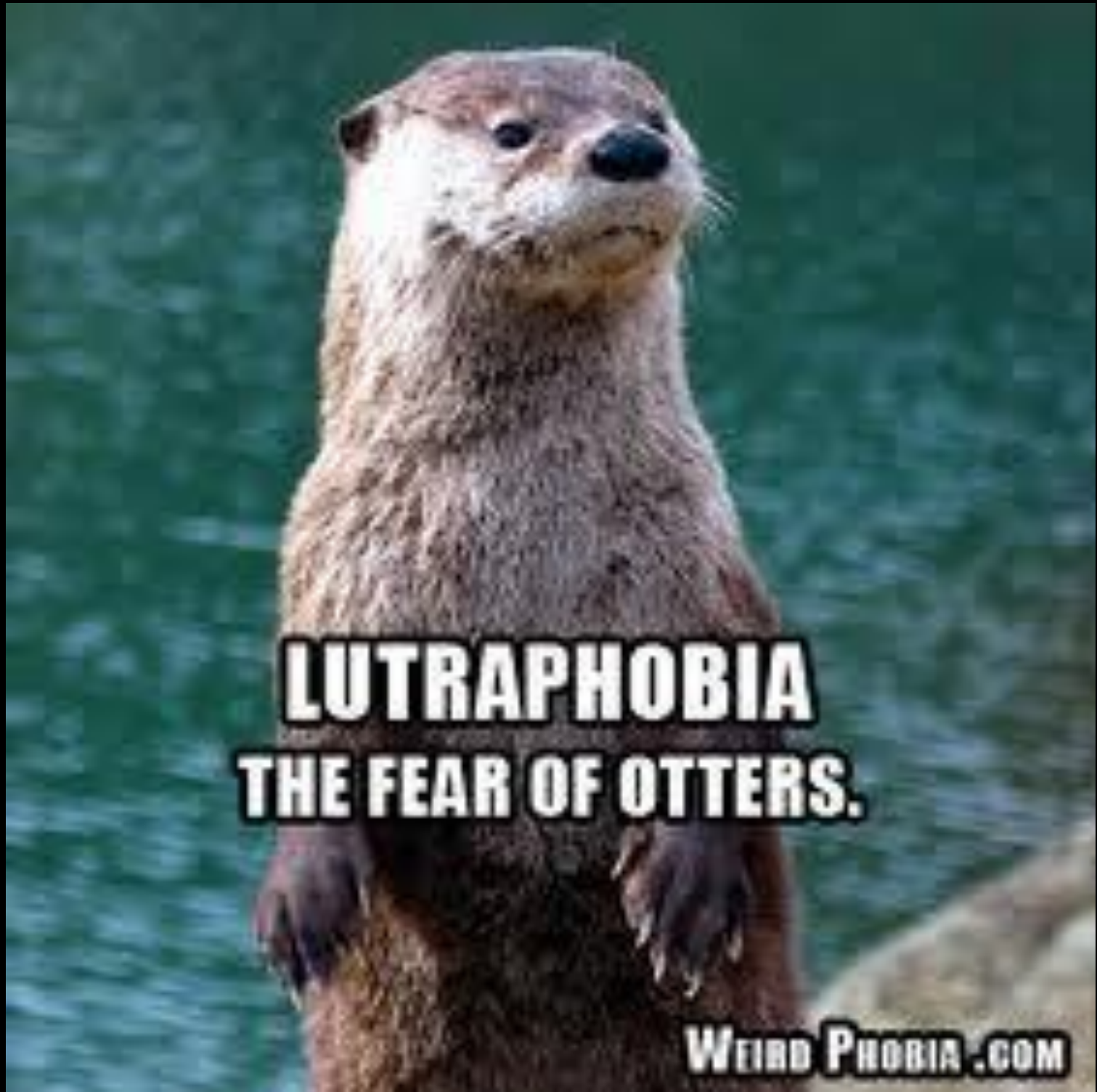
rebecca

ARITHMOPHOBIA
THE FEAR OF NUMBERS.

WEIRD PHOBIA .COM

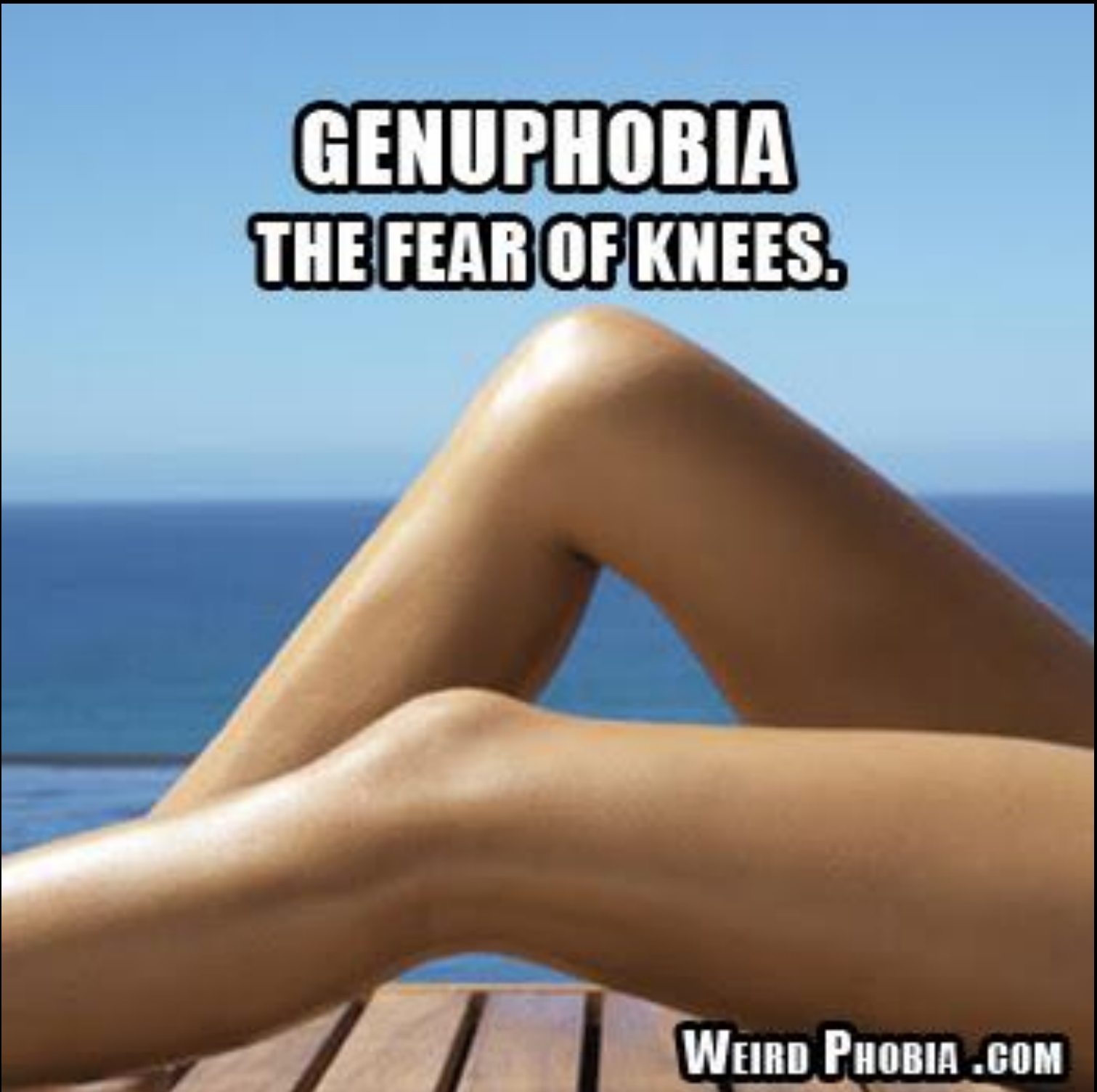


hope central



LUTRAPHOBIA
THE FEAR OF OTTERS.

WEIRD PHOBIA .COM



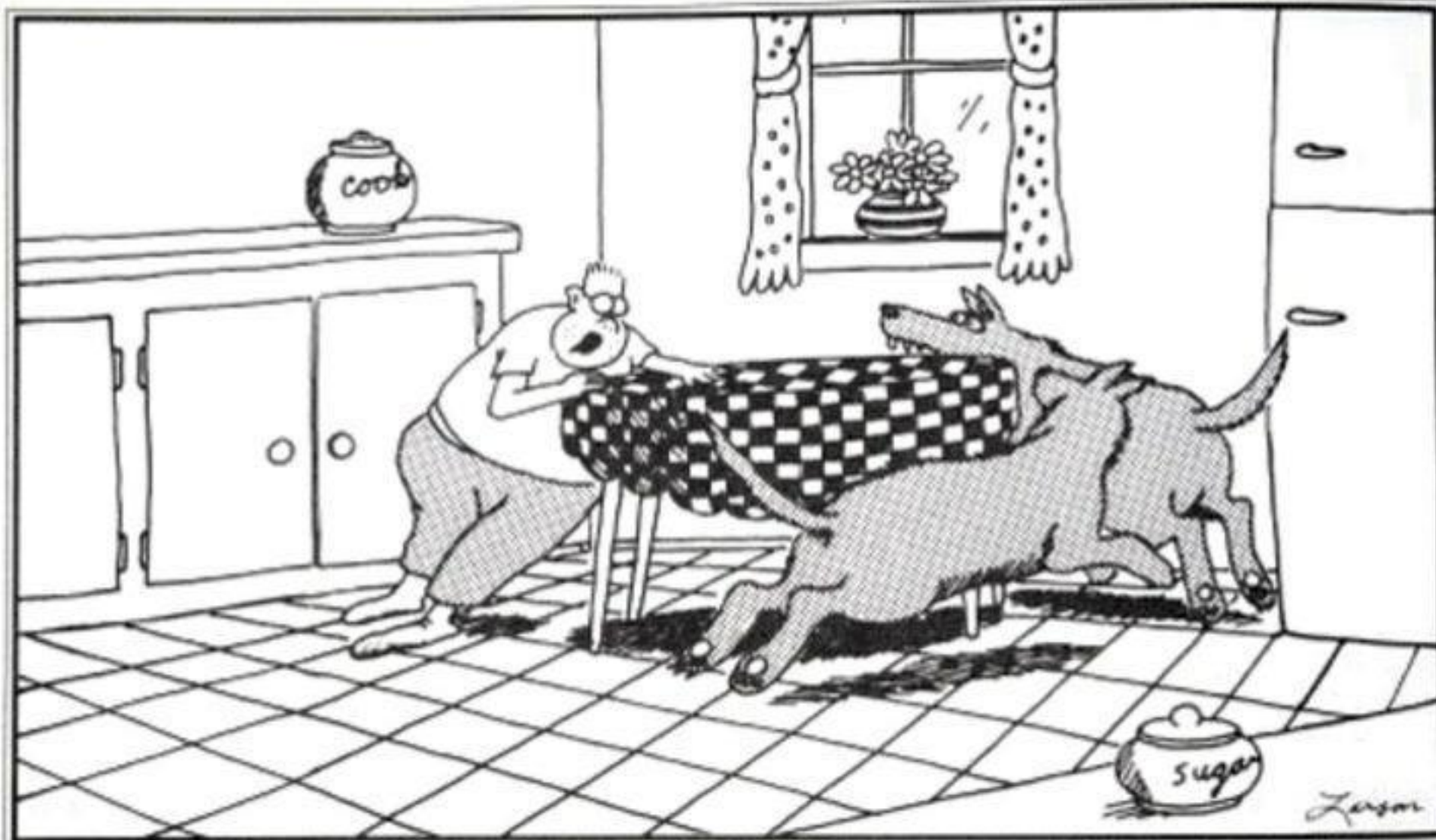
GENUPHOBIA
THE FEAR OF KNEES.

WEIRD PHOBIA .COM

Humidiasvestisphobia:

THE FEAR
OF WASTING
A GREAT
OUTFIT ON AN
INSIGNIFICANT
DAY





Luposlipaphobia: The fear of being pursued by timber wolves around a kitchen table while wearing socks on a newly waxed floor.

Moses' big BUT - nearly "excusing" his way out of his destiny.

Exodus 3:1-11



hope central

Fear often hides falsehood/falsehood hides fear

Exodus 3:11, “But Moses said to God, “Who am I that I should go to Pharaoh and bring the children of Israel out of Egypt?”

- False Humility
- False Reasons/ logic
- False beliefs

Proverbs 22:13, “The sluggard says, “There is a lion outside! I shall be killed in the streets!”

Proverbs 14:10, “The heart knows its own bitterness, and no stranger shares its joy.”

Anger can be guilt
Control can be anxiety
Work can be insecurity
Bragging can be shame
Lazy can be fear
Submissiveness can be low self esteem
Toughness can be self-protection

The real reason- Fear

Exodus 4:1, "Then Moses answered, "But behold, they will not believe me or listen to my voice, for they will say, 'The LORD did not appear to you.'"

What's your real BUT?

Looking Foolish

Rejection

Getting it wrong

Getting my heart broken

Letting go

Being exposed

Fear must be confronted.

Peter had to get out of the boat

David had to approach Goliath

Esther had to go to the king

Abraham had to leave home

Mary had to say yes

Fear must be confronted

Exodus 4:1-3, "Then Moses answered, "But behold, they will not believe me or listen to my voice, for they will say, 'The LORD did not appear to you.'" The LORD said to him, "What is that in your hand?" He said, "A staff." And he said, "Throw it on the ground." So he threw it on the ground, and it became a serpent, and Moses ran from it."

We learned to be afraid
We can unlearn to be afraid

Exodus 4:3-4, "And he said, "Throw it on the ground." So he threw it on the ground, and it became a serpent, and Moses ran from it. But the LORD said to Moses, "Put out your hand and catch it by the tail"—so he put out his hand and caught it, and it became a staff in his hand."

Exposure therapy: confronting fears in a supported environment



Exposure therapy: confronting fears in a supported environment



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Exposure therapy: confronting fears in a supported environment



Exposure therapy: confronting fears in a supported environment

Hebrews 13:6-8, “So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?” Remember your leaders, those who spoke to you the word of God. Consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.”

Hebrews 13:8, “Jesus Christ is the same yesterday and today and forever.”

1John 5:4, “For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.”

The Gospel: righteousness by faith.

Romans 1:16-17, “For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. For in it the righteousness of God is revealed from faith for faith, as it is written, “The righteous shall live by faith.”

Psalms 112:6-9, “For the righteous will never be moved; he will be remembered forever. He is not afraid of bad news; his heart is firm, trusting in the LORD. His heart is steady; he will not be afraid, until he looks in triumph on his adversaries. He has distributed freely; he has given to the poor; his righteousness endures forever; his horn is exalted in honor.”