

Fear, Anxiety, and the Peace of God

Selected Scriptures

1. Christians are instructed to be wise in the Lord (Prov. 1:7; Jam. 3:15-18). More than the objective peace that Christians have with God (cf. Rom. 5:1), one of the blessings that is available for those who live wisely is a life that is marked by peace (Prov. 3:11-18; cf. Num. 6:24-26; 2 Thess. 3:16).
2. Even though Christians are redeemed from sin and have a new mind (Rom. 12:2), peace does not necessarily come easily or without struggle (Rom. 8:5-8; Gal. 5:16-17).
3. Examples of Activities Which Promote Peace:
 - A. The Word has examples of trusting in Him and experiencing peace (Ps. 4:1-8; Isa. 25:3-4).
 - B. Meditating on God's Word (Ps. 119:164-166).
 - C. Meditating on God's Power (Ps. 29:1-11)
 - D. Meditating on God's Plan (Ps. 139:16; Eph. 1:5, 9; cf. Gen. 50:20; Acts 2:22-24; Rom. 8:31-32)
4. Instructions in Activities Which Promote Peace
 - A. Intentionally live in such a way that everything in your life is directed to the Lord (Phil. 4:4-9).
 - B. Remember the Character of God and His care for those whom He loves (Matt. 6:25-34).