Look to the Lord, Remember Him, and Take Heart Selected Scriptures

- 1. The Bible is full of examples of people praising God in the midst of difficult situations, and we can learn from them (1 Chr. 16:8-12).
- 2. We know that salvation is by faith and not works (cf. Gal. 2:21) and that we are to live a life of faithful dependence upon God (cf. Gen. 22:1ff). Still, there are times when faith is clouded by doubt and unbelief (cf. Mk. 9:22-24). In that time we ought to pray and ask the Lord to help us believe (cf. Lk. 11:9-13).
- 3. Remember that God is good, and give thanks to Him for His goodness (Ps. 46:1-3; 118:1-9, 14).
- 4. Remember that God does Good, and give thanks to Him for His goodness (Rom 5:8; cf. Dt. 8:16; Rom. 8:28).
- 5. Remember that God is near, and praise Him that He is not far off (Ps. 139:7-12).
- 6. Remember that God created you and watches over you, and His thoughts are toward you (Ps. 139:13-18).
- 7. Remember that the Lord will lift up your heart (Ps. 40:1-5).