



#### HUNGRY HEARTS





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My soul is consumed with longing for your laws at all times.

**PSALM 119:20** 

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

MATTHEW 6:33

Blessed are those who hunger and thirst for righteousness for they will be filled.

**MATTHEW 5:6** 

#### 1. TOO MUCH JUNK FOOD







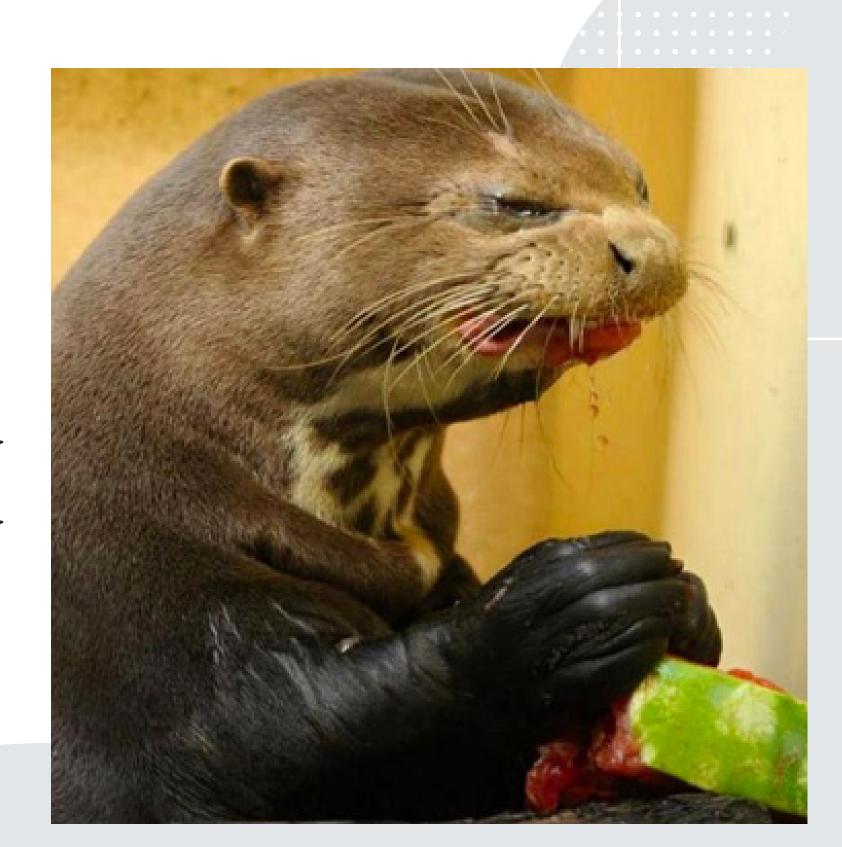
## Eating plan: PRAYER & FASTING

"Our stomachs are so full of the small things there is no room for the great."

~JOHN PIPER

### 2. PICKY EATER

When picky eaters try something new.



### Eating plan: GROW IN LOVE

May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you.

~1 THESSALONIANS 3:12

## 3. TOOSICK TOEAT

When you try to hide being sick but it's not working.



#### Eating plan: CONFESS

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

~1 JOHN 1:9

