

Dating Violence Resources for Teens

<https://itsnotviolent.com/>

that helps visitors to the site examine abusive “textversations” and role play how they think they’d respond to them. Almost like real-time texting, the game-like scenarios provide multiple choice answers to reply to example texts from a partner.

The Emotional Abuse (EA) Quiz

TEAD designed this quiz for both survivors and allies hoping to learn more about emotional abuse. Emotional abuse is often one of the first warning signs in a domestic violence relationship. They believe that by learning the warning signs of emotional abuse, they can help survivors before emotional abuse progresses into other forms of domestic violence.

Whether you are a survivor hoping to learn more about what you are experiencing in your relationship, or an ally looking to understand what your survivor is experiencing, TEAD hopes this quiz will provide you with the information you need to navigate your situation.

Note: Although we use the terminology “partner”, you can replace this with “husband”, “wife”, “boyfriend”, “girlfriend”, “boss”, or “parent”, etc.

Love is respect

Call 1-866-331-9474 or text LOVEIS to 22522

Online live chat at loveisrespect.org

Break the Cycle

202-824-0707

www.breakthecycle.org

Stalking awareness education and prevention (SPARC)

<https://www.stalkingawareness.org/>

The Trevor Project provides amazing advocacy, support, and services for LGBTQIA+ youth.

Call: 1-866-488-7386 or text START to 678-678

<https://www.thetrevorproject.org/get-help/>

Resources for parents and caregivers

Learning about healthy relationships and consent starts young. Parents can use the following resources to learn how to talk to their children and teens about healthy relationships and consent:

- [Safe Secure Kids](#): This website provides free resources to help parents and caregivers prevent sexual abuse and harassment by communicating with children about respect and consent.
- [Parent Discussion Guide on Youth Healthy Relationships](#): A discussion guide on how parents can talk to their teens about healthy relationships.
- [I Ask How to Teach Consent Early](#): This handout contains tips for parents on how to teach and model consent
- [Parent Tip Sheet: How Do I Help My Child?](#): This card provides tips for parents on how to help a child in an unhealthy relationship
- [Healthy Communications with Kids](#): This resource shares information for parents about how to incorporate consent in everyday interactions with children.
- [Parents Postcard](#): This postcard provides information for parents about teaching children and teens age-appropriate lessons about consent and healthy relationships.
- [That's Not Cool.com](#): Helps young people draw a “digital line” about what is and what is not okay in their relationships