A blurred background image of a church service. A large congregation is visible in the foreground, and a pastor stands at the altar in the background. The image is overlaid with a semi-transparent blue filter.

**Keeping your head,
while they're losing theirs.**

- Toxic Culture



“For the children of immigrants, & for U.S. children overall, some of the basic foundations of childhood appear currently to be at best anemic, in the sense of being weak & inadequate to foster full human flourishing, & at worst toxic, inadvertently depressing health, & engendering emotional distress & mental illness.”

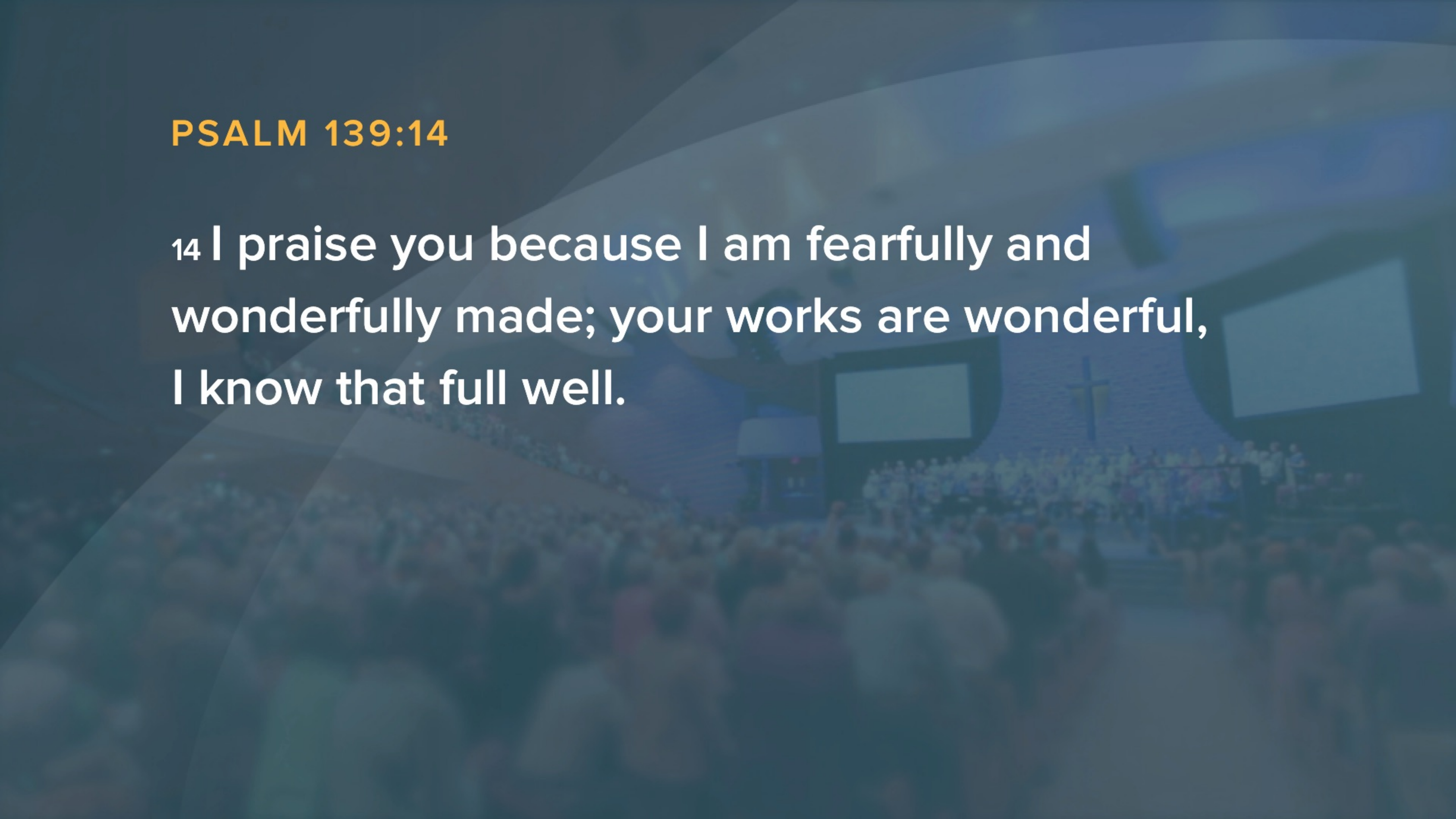
—INSTITUTE FOR AMERICAN VALUES, 2003

- 
- Toxic Culture
 - Social Connections & Technology

- 
- Toxic Culture
 - Social Connections & Technology
 - Parenting Pressures & Changes

PSALM 139:14

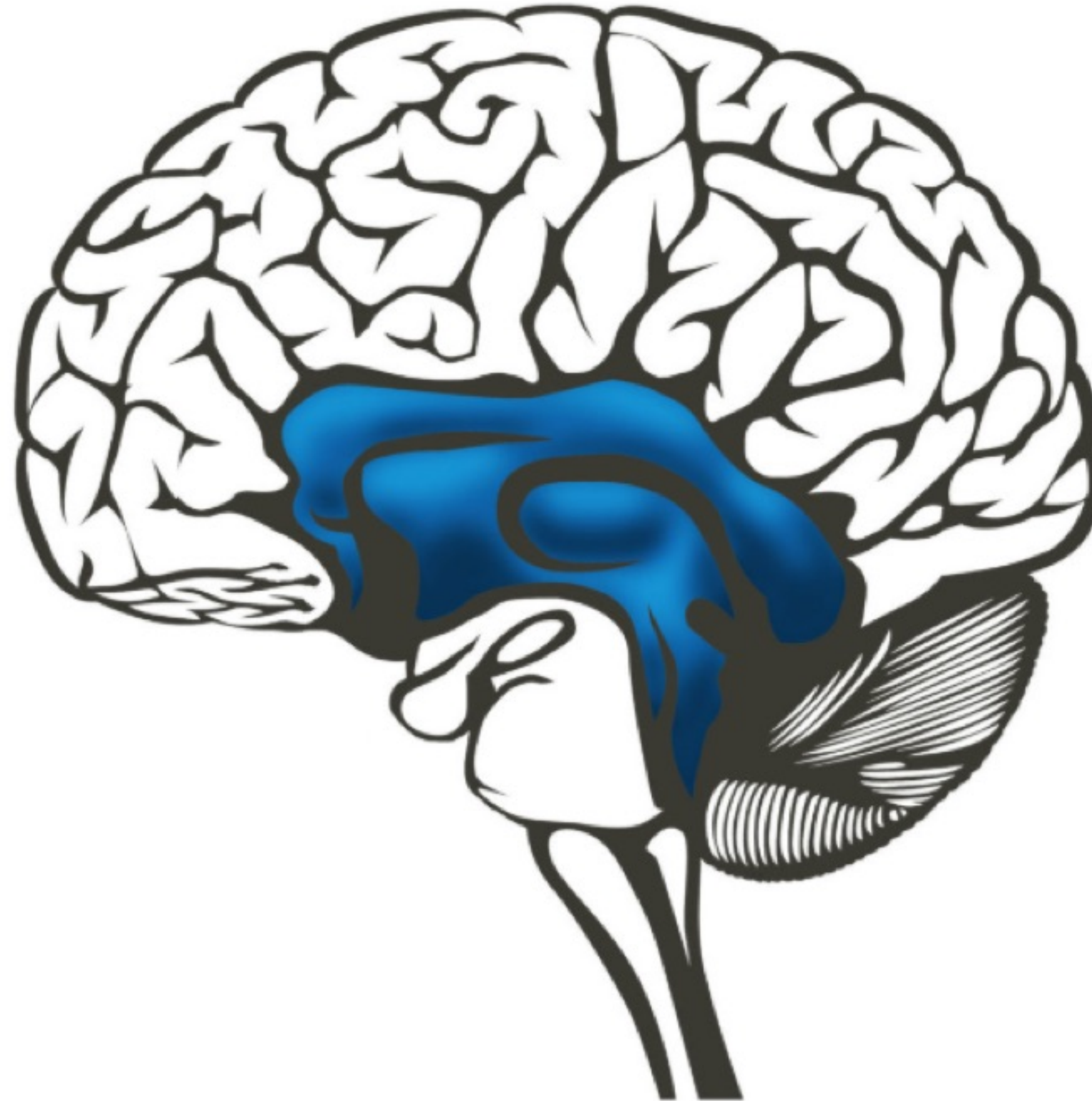
¹⁴ I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.





Survival State

BRAIN STEM



Emotional State

LIMBIC SYSTEM



Executive State

PREFRONTAL LOBES

The background of the slide is a photograph of a large crowd of people, likely at a church service, with their hands raised in prayer. The image is heavily blurred and has a strong blue color cast. A semi-transparent blue circular shape is overlaid on the right side of the image. On the left side, there is a solid yellow vertical bar. The text "What is the magic bullet?" is centered in the middle of the slide in a white, sans-serif font.

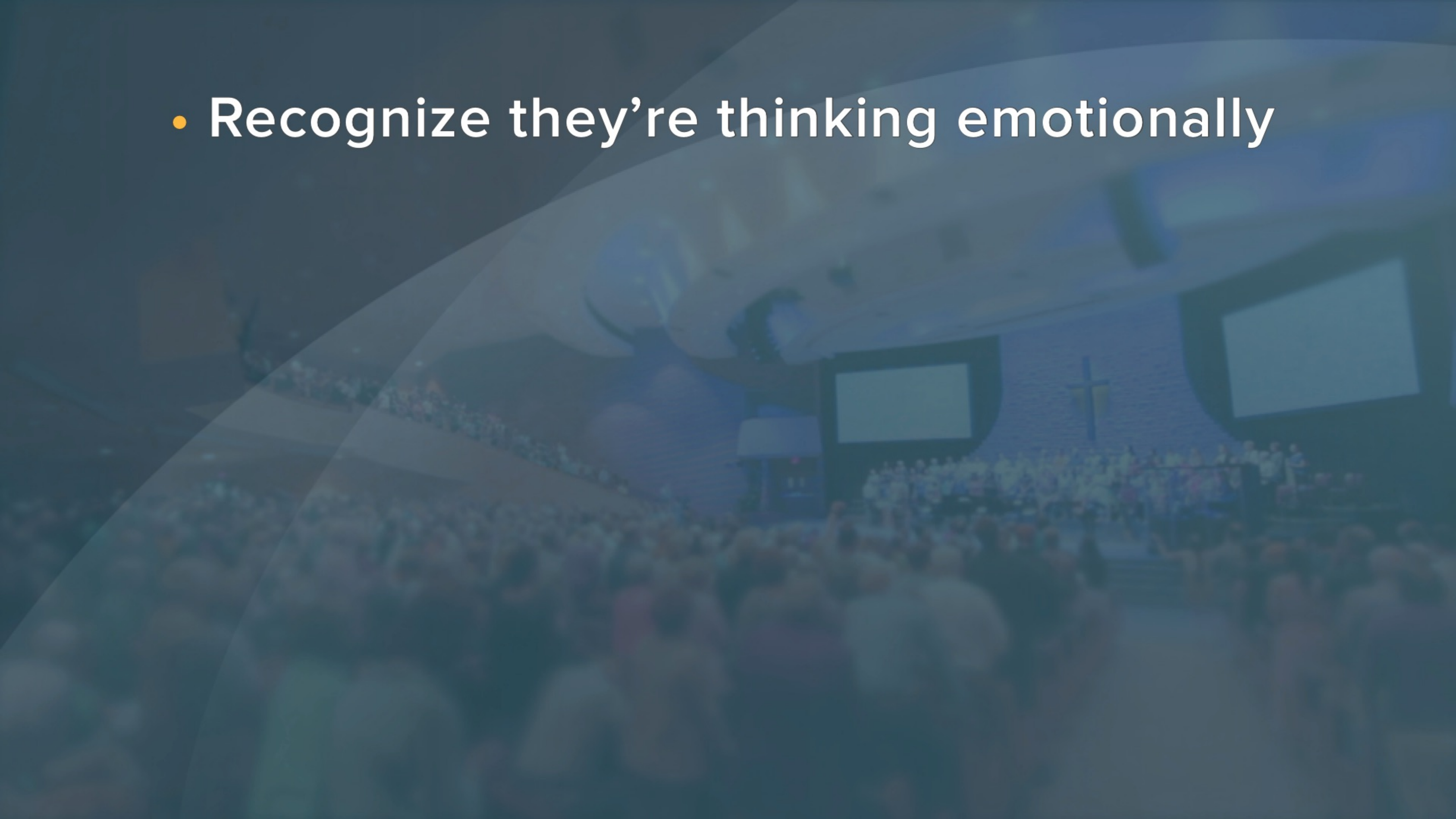
What is the magic bullet?

The background of the slide is a blurred photograph of a large audience seated in a hall, facing a stage with several large projection screens. The image is overlaid with a semi-transparent blue gradient. A vertical orange line is positioned on the left side of the slide.

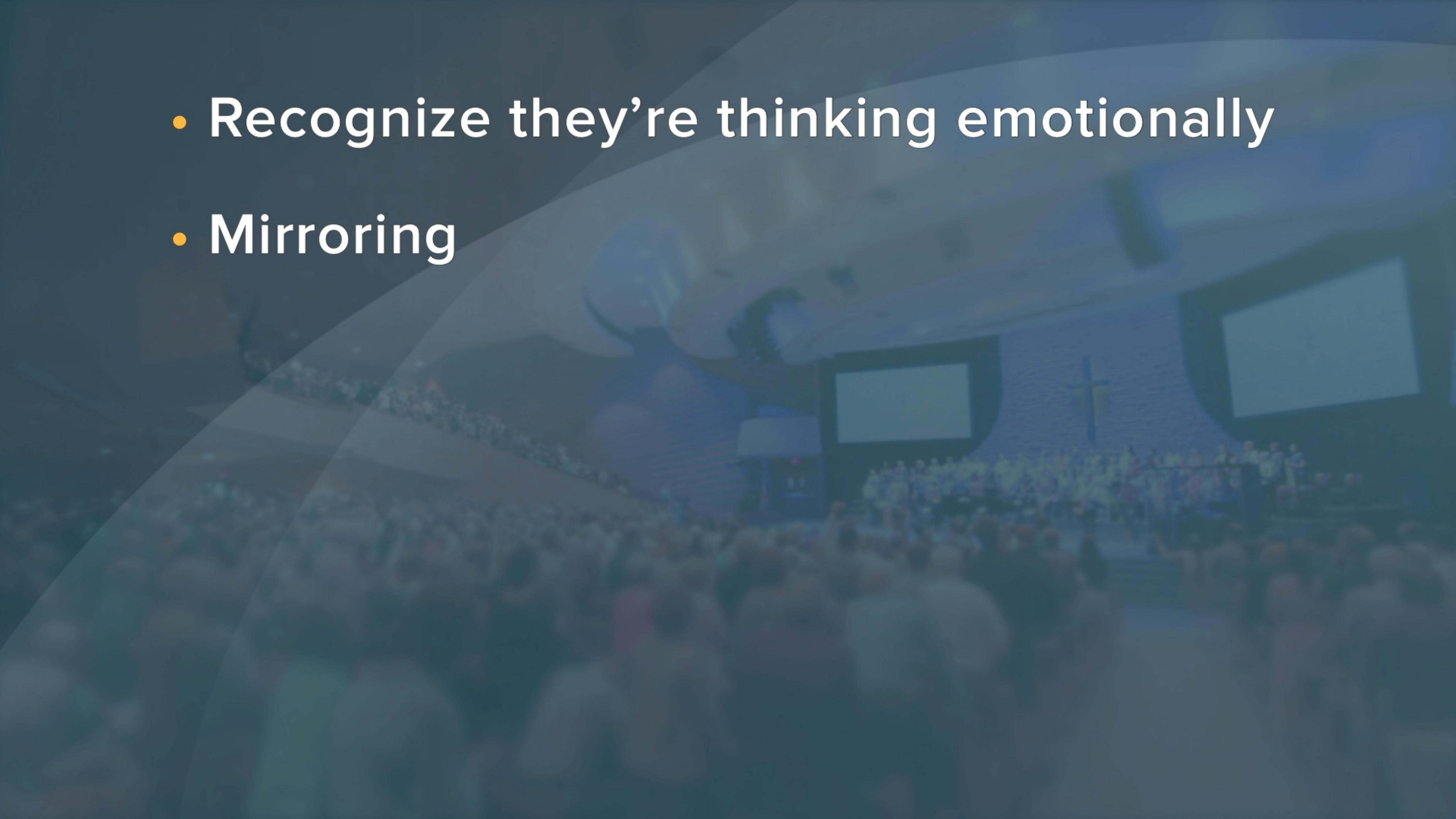
What is the magic bullet?

- **Meaningful relationships**

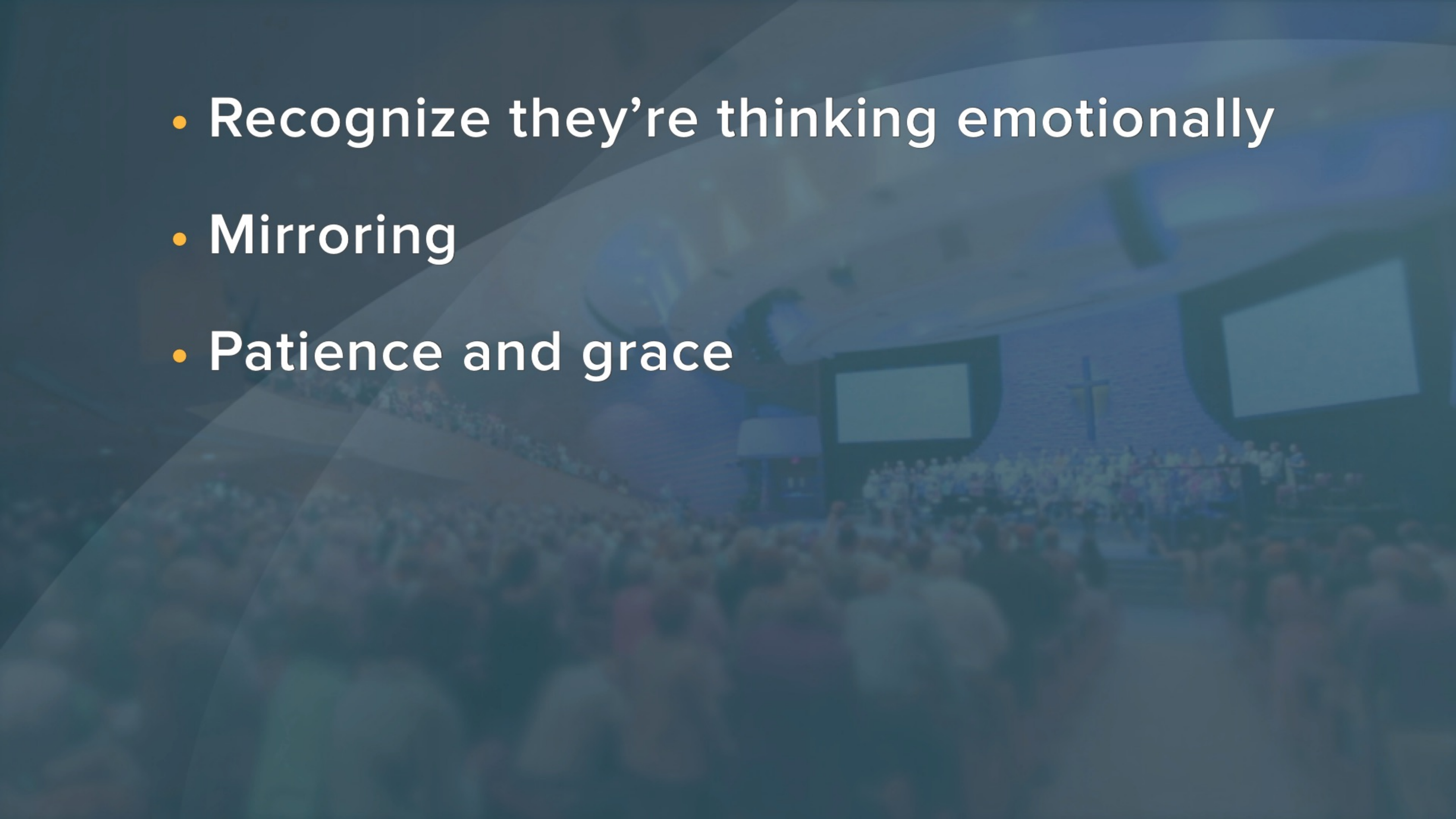
- Recognize they're thinking emotionally



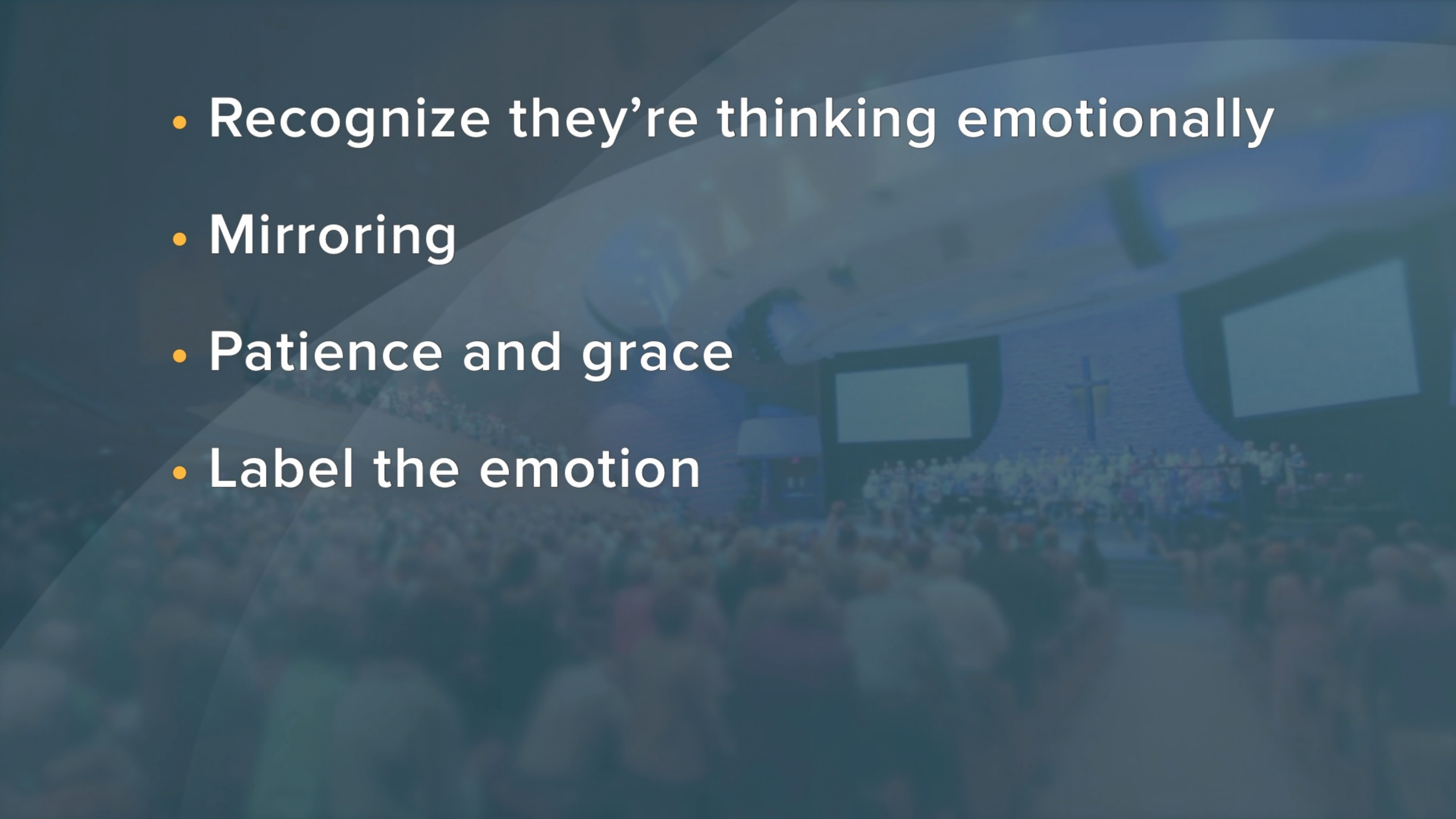
- Recognize they're thinking emotionally
- **Mirroring**

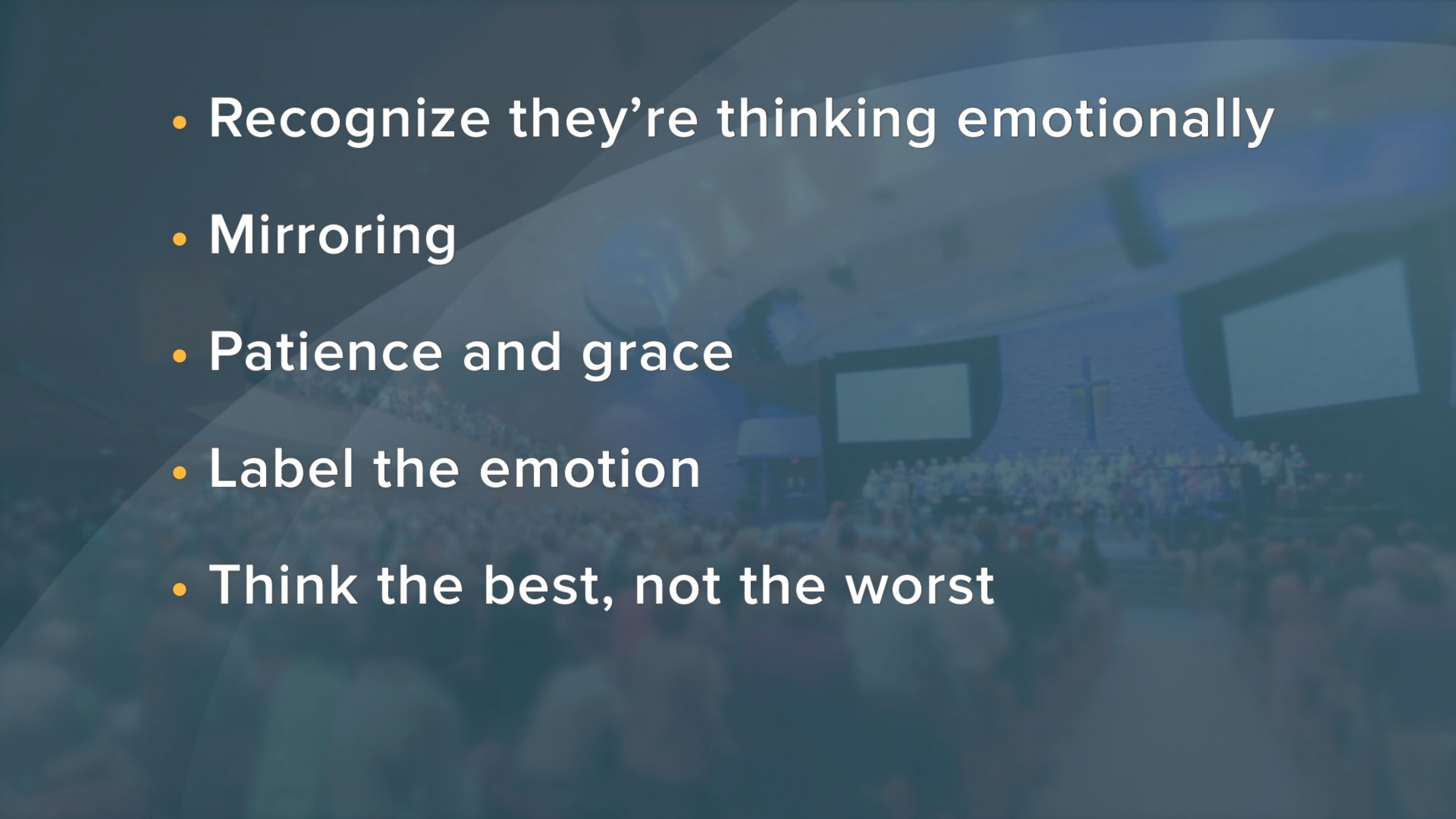


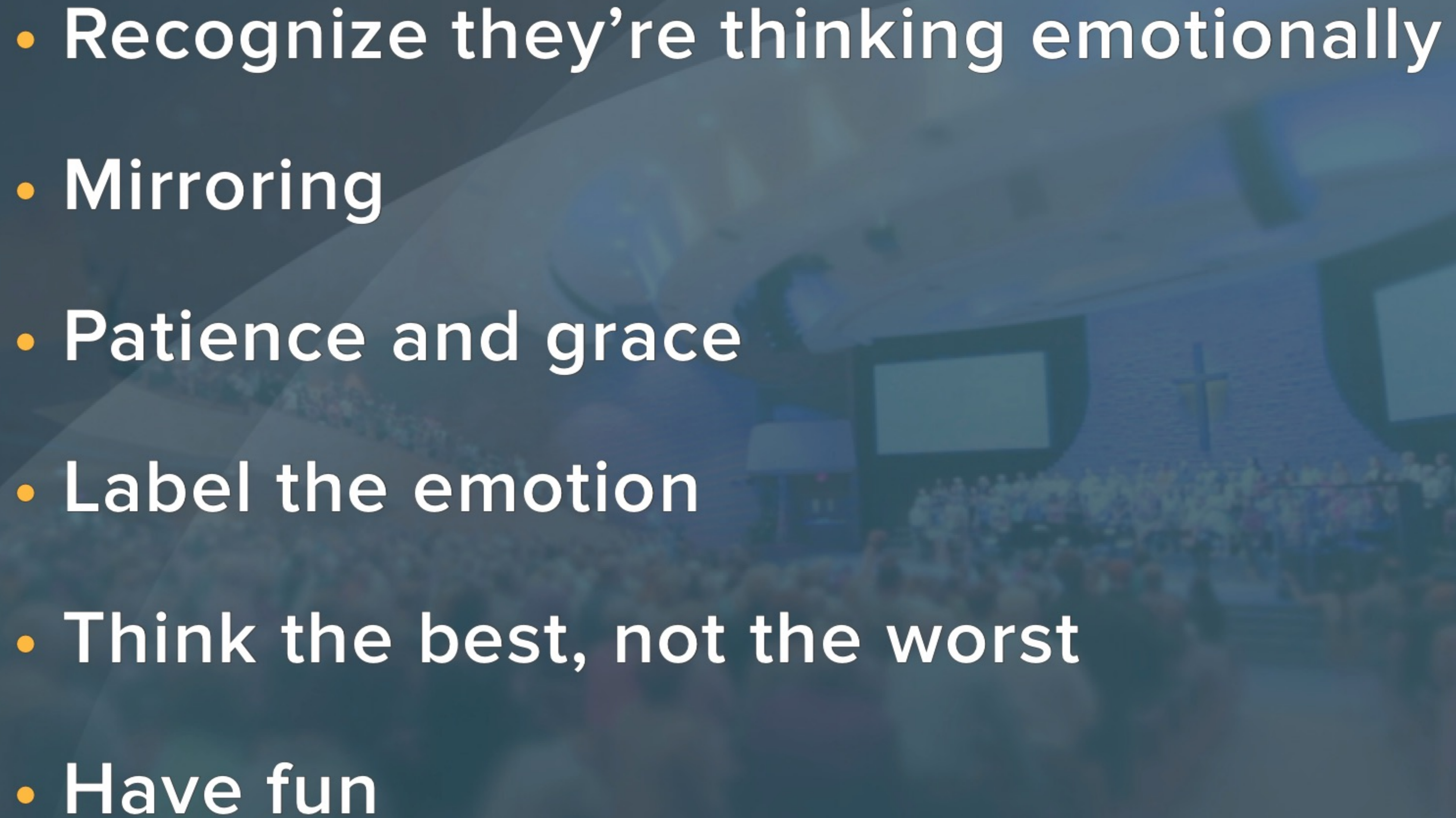
- Recognize they're thinking emotionally
- Mirroring
- Patience and grace



- Recognize they're thinking emotionally
- Mirroring
- Patience and grace
- Label the emotion



- 
- Recognize they're thinking emotionally
 - Mirroring
 - Patience and grace
 - Label the emotion
 - Think the best, not the worst

- 
- Recognize they're thinking emotionally
 - Mirroring
 - Patience and grace
 - Label the emotion
 - Think the best, not the worst
 - Have fun

