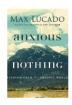
RESOURCES

BOOK RECOMMENDATIONS

FAITH-BASED COUNSELING

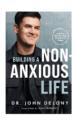


Anxious for Nothing by Max Lucado

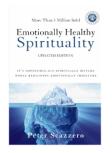
CORNERSTONE

FAMILY SERVICES —

Building a Non-Anxious Life by John Delony







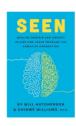
Emotionally
Healthy
Spiritually
by Peter
Scazzero



Winning the War In Your Mind by Craig Groeschell







Seen: Healing Despair and Anxiety in Kids and Teens through the power of connection by Will Hutcherson & Chinwe' Williams, Ph.D



