

# Establish Our Work

*Psalm 90*

<sup>17</sup>May the favor of the  
Lord our God rest on us;  
establish the work of our hands for us—  
yes, establish the work of our hands.

Psalm 90:17



*A prayer of Moses the man of God.*

<sup>1</sup>Lord, you have been our dwelling place  
throughout all generations.

<sup>2</sup>Before the mountains were born  
or you brought forth the whole world,  
from everlasting to everlasting you are God.

Psalms 90:1-2

<sup>3</sup>You turn people back to dust,  
saying, “Return to dust, you mortals.”

<sup>4</sup>A thousand years in your sight  
are like a day that has just gone by,  
or like a watch in the night.

Psalm 90:3-4



<sup>5</sup>Yet you sweep people away  
in the sleep of death—  
they are like the new grass of the morning:  
<sup>6</sup>In the morning it springs up new,  
but by evening it is dry and withered.

Psalm 90:5-6

<sup>7</sup>We are consumed by your anger  
and terrified by your indignation.

<sup>8</sup>You have set our iniquities before you,  
our secret sins in the light of your presence.

<sup>9</sup>All our days pass away under your wrath;  
we finish our years with a moan.

Psalm 90:7-9

<sup>10</sup>Our days may come to seventy years,  
or eighty, if our strength endures;  
yet the best of them are but trouble and sorrow,  
for they quickly pass, and we fly away.

<sup>11</sup>If only we knew the power of your anger!  
Your wrath is as great as the fear that is your due.

Psalm 90:10-11



<sup>12</sup>Teach us to number our days,  
that we may gain a heart of wisdom.

<sup>13</sup>Relent, Lord! How long will it be?

Have compassion on your servants.

<sup>14</sup>Satisfy us in the morning with your unfailing love,  
that we may sing for joy and be glad all our days.

Psalms 90:12-14

<sup>15</sup>Make us glad for as many days  
as you have afflicted us,  
for as many years as we have seen trouble.  
<sup>16</sup>May your deeds be shown to your servants,  
your splendor to their children.

Psalms 90:15-16

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Lord our God rest on us;  
establish the work of our hands for us—  
yes, establish the work of our hands.

Psalm 90:17





God is eternal;  
we are not.

Psalms 90:1-6

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Psalm 90:5-6



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Psalms 90:1-6

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Psalm 90:1-6  
(and 9-10)

<sup>9</sup>All our days pass away under your wrath;  
we finish our years with a moan.

<sup>10</sup>Our days may come to seventy years,  
or eighty, if our strength endures;  
yet the best of them are but trouble and sorrow,  
for they quickly pass, and we fly away.

Psalm 90:9-10

We are marred by sin;  
God is not.

Psalms 90:7-11



<sup>7</sup>We are consumed by your anger  
and terrified by your indignation.

<sup>8</sup>You have set our iniquities before you,  
our secret sins in the light of your presence.

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we finish our years with a moan.

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Your wrath is as great as the fear that is your due.

Psalm 90:10-11

Despite our separation from God,  
we can call to Him for help.

Psalms 90:12-17



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that we may gain a heart of wisdom.

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Psalm 90:17

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Lord our God rest on us;  
establish the work of our hands for us—  
yes, establish the work of our hands.

Psalms 90:17

When God blesses our lives,  
we become beautiful.

Psalms 90:17a



<sup>17</sup>May the favor of the  
Lord our God rest on us;  
***establish*** the work of our hands for us—  
yes, ***establish*** the work of our hands.

Psalm 90:17

When God blesses our work,  
it becomes permanent.

Psalms 90:17b

<sup>17</sup>May the favor of the  
Lord our God rest on us;  
establish the work of our hands for us—  
yes, establish the work of our hands.

Psalm 90:17





- **God is eternal; we are not.** - Psalm 90:1-6
- **We are marred by sin; God is not.** - Psalm 90:7-11
- **Despite our separation from God, we can call to Him for help.** - Psalm 90:12-17
  - **When God blesses our lives,  
we become beautiful.** - Psalm 90:17a
  - **When God blesses our work,  
it becomes permanent.** - Psalm 90:17b

