REALITY

Antifragile Identity

Luke 19:1-10 11.19.2023 Al Abdulla

Luke 19:1-10

Jesus entered Jericho and was passing through. A man was there by the name of Zacchaeus; he was a chief tax collector and was wealthy. He wanted to see who Jesus was, but because he was short he could not see over the crowd. So he ran ahead and climbed a sycamore-fig tree to see him, since Jesus was coming that way. When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your house today." So he came down at once and welcomed him gladly. All the people saw this and began to mutter, "He has gone to be the guest of a sinner." But Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anybody out of anything, I will pay back four times the amount." Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save the lost."

"The majority of prisoners suffered from a kind of inferiority complex. We had all once been or had fancied ourselves to be 'somebody'. Now we were treated like complete nonentities...[When] consciousness of one's inner value is anchored in higher, more spiritual things, [it] cannot be shaken by camp life. But how many free men, let alone prisoners, possess it?"

- Viktor Frankl

Our Desperate Search

Every baby comes into the world looking for someone looking for them.

Security + Significance = Identity

With whom am I collaborating to tell the story about who I am becoming?

We desperately need to be seen for who we are, but also for who we are becoming.

"People say, 'Oh, you feel deprived and you weren't nurtured,' I say, 'yeah, that's true.' And maybe the nurturing comes from the respect and love of strangers, to feel embraced and loved, by an audience. It's insatiable. I wish I could get over it. But, I can't."

- Sylvester Stallone, Sly

The Fragile Solution

Fragile Identity = When I forget the truest thing about me, and try to fill a spiritual hole with a material thing.

Luke 19:10

For the Son of Man came to seek and to save the lost.

"Once you get to your dream, you realize this wasn't my dream. It's not turned out the way I thought. It also comes with a stormfront that you're constantly battling. Because you're like, 'Oh s***, I thought that once I made it to the top of the mountain it was all blue skies.' It's not (snarl)! It's pretty lonely...sometimes climbing to the top of the mountain is not all it's cracked up to be...that leaves a hole. And that hole is never filled."

- Sylvester Stallone, Sly

"I was pretty sure fame could change everything, and I yearned for it more than any other person on the face of the planet. I needed it. I was sure it was the only thing that could fix me, I was certain of it. But the magic never lasts. Whatever holes you're filling seem to keep opening back up. It's like whack a mole. Maybe it's because I was always trying to fill a spiritual hole with a material thing...you have to get famous to know that it's not the answer. And nobody who is not famous will ever truly believe that."

- Matthew Perry

Ecclesiastes 3:11

God has placed Eternity into our hearts.

"You have made us for yourself, O Lord, and our heart is restless until it rests in you."

- Augustine, Confessions

"Sin is building your identity on anything but God."

- Soren Kierkegaard

"Given my history of depression I *fear* it's opposite, so I chase pleasure as hopefully some inoculation against darkness."

- Tim Ferris

"The insidious thing about these forms of worship is...that they're unconscious. They are default settings. They're the kind of worship you just gradually slip into, day after day, getting more and more selective about what you see and how you measure value without ever being fully aware that that's what you're doing."

- David Foster Wallace, This is Water

The Antifragile Identity

An antifragile identity requires a loving attachment to live our ideals.

Luke 19:5

When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your house today."

Luke 19:10

For the Son of Man came to seek and to save the lost.

Luke 19:6

So he came down at once and welcomed him gladly. All the people saw this and began to mutter, "He has gone to be the guest of a sinner." But Zacchaeus stood up.

"We are born to form attachments...our brains are physically wired to develop in tandem with another's, through emotional communication, beginning before words are spoken."

- Allan Schore

Revelation 3:20

"Listen! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and have dinner with him, and he with Me."

John 15:10-11

"As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete."

Matthew 28:26

"I will be with you always, even till the end of the Age."

Luke 19:9

Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham."

An antifragile identity requires a loving attachment to live our ideals.

Luke 19:8

But Zacchaeus stood up and said to the Lord, "Look, Lord! Here and now I give half of my possessions to the poor, and if I have cheated anybody out of anything, I will pay back four times the amount."

Luke 19:9-10

Jesus said to him, "Today salvation has come to this house, because this man, too, is a son of Abraham. For the Son of Man came to seek and to save the lost."