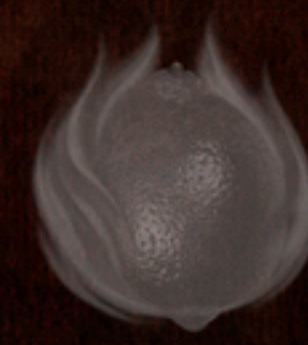


# FORBEARANCE

(PATIENCE)





## GALATIANS 5:22-23

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance [patience], kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law.





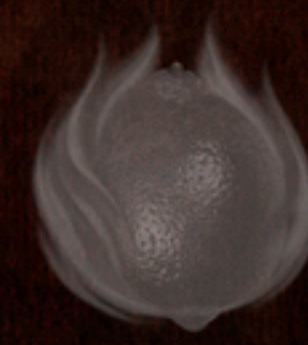
**VIDEO**

**BALLOON BLOOPERS**



# FORBEARANCE

(PATIENCE)





How would you think this verse ends?





How would you think this verse ends?

<sup>11</sup> being strengthened with all power according  
to his glorious might so that you...

COLOSSIANS 1:11





How would you think this verse ends?

<sup>11</sup> being strengthened with all power according  
to his glorious might so that you...  
may have great endurance and patience.

COLOSSIANS 1:11





All Power + Glorious Might → Endurance and Patience

“Patience” = “Long-tempered”





How do we make sense  
of PATIENCE Biblically?





# How do we make sense of PATIENCE Biblically?

Patience is embedded in the character of God.





## EXODUS 34:6

<sup>6</sup> And he passed in front of Moses, proclaiming, “The Lord, the Lord, the compassionate and gracious God, **slow to anger**, abounding in love and faithfulness...





## ROMANS 2:4

<sup>4</sup> Or do you show contempt for the riches of his kindness, forbearance and **patience**, not realizing that God's kindness is intended to lead you to repentance?





## 2 PETER 3:9

<sup>9</sup> The Lord is not slow in keeping his promise, as some understand slowness. Instead he is **patient** with you, not wanting anyone to perish, but everyone to come to repentance.





# How do we make sense of PATIENCE Biblically?

Patience is embedded in the character of God.

Patience keeps us from giving up on people.





1 CORINTHIANS 13:4a

<sup>4</sup> Love is patient...





## EPHESIANS 4:2

<sup>2</sup> Be completely humble and gentle; be patient, bearing with one another in love.





## 1 THESSALONIANS 5:14

<sup>14</sup> And we urge you, brothers and sisters,  
warn those who are idle and disruptive,  
encourage the disheartened,  
help the weak,  
be patient with everyone.





How do we overcome  
impatience in our lives?





## GALATIANS 5:22

<sup>22</sup> But the fruit of the Spirit is... forbearance [patience]...





## GALATIANS 5:25

<sup>25</sup> Since we live by the Spirit, let us keep in step with the Spirit.





How do we overcome  
impatience in our lives?

Ask Jesus to supernaturally keep your heart calm.





How do we overcome  
impatience in our lives?

Ask Jesus to supernaturally keep your heart calm.

Be ready for God to test you if you ask him for patience.





How do we overcome  
impatience in our lives?

Ask Jesus to supernaturally keep your heart calm.

Be ready for God to test you if you ask him for patience.

Surrender your rights and expectations to God in all of life.





# Expectations

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# Experience





Expectations

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The SURRENDERED Life

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Experience





## ROMANS 15:13

<sup>13</sup> May the God of hope fill you with all joy and peace as you **trust in him**, so that you may overflow with hope by the power of the Holy Spirit.





If surrender is the pathway to patience,  
who or what are you surrendered to?





*Central*  
ASSEMBLY

# SPIRITUAL FRUIT

## AND THE CHARACTER OF CHRIST

