



Energize You.

Anion Emitter Guide



Neutralize...Ionize...Protect...Balance

Using your Juuva Anion Emitter

Everything in our universe is energized. One origin of the word energy means “active, working”. Energy is the very source of every substance and every living thing. When energy flows from Juuva’s Anion Emitter to other sources of energy its power is multiplied, as well as its ability to work.*

This booklet will guide you to find the body’s ability to work and perform the way it was designed.* It can help the body return its cells to their original state of health and maintain that state before it was bombarded by toxins, chemicals and other poisons.* You will be amazed at the ability of Juuva’s Anion Emitter to provide pain relief without ingesting pills and chemicals that can create adverse side effects.*

What is the Juuva Anion Emitter?

The Juuva Anion Emitter contains rare earth minerals and semi-precious crystals (like Watermelon Tourmaline and Zeolite) in a stainless steel barrel that helps activate the piezoelectric aspect of the crystals so that they emit a certified 2,000 negative ions (also known as anions) per linear inch. It emits anions continuously for the life of the Emitter. These anions bring the body into balance and energy homeostasis (stability).* It has been discovered that cells in the body vibrate at various frequencies depending on their state of health. The Emitter provides an environment that helps balance these frequencies in a way that optimizes each of the body’s organs and systems.*

What are Ions?

Ions are molecules that have gained or lost an electrical charge. They are created in nature as molecules break apart due to sunlight, radiation, and moving air and water.

Why Anions (negative ions)?

When a person circles the Emitter over an area, their body begins to resonate with the anions that are contained in the Emitter through a process called Bio-Photonic Entrainment.* Similar to a tuning fork that picks up the frequencies (sound) of another tuning fork in its vicinity; anions tune these frequencies so that they are in harmony with health.* When the organs and systems of the body are properly attuned, the body returns to a balanced state.* A balanced body is more able to protect and heal itself.* Anions also help you feel refreshed and energized and here is why: each cell in your body is powered by a rechargeable battery called Adenosine Triphosphate (ATP). As an electron is released and ATP becomes Adenosine Diphosphate (ADP), energy is released within the cell and your body uses that energy to act and react. Your body pulls needed electrons from anions to convert ADP back into ATP almost instantaneously.* That is why when using Juuva’s Anion Emitter you experience immediate increased strength and balance because all of your circuits are literally plugged in and switched on!*

How to Use the Emitter.

To use the Emitter effectively, begin by directing the pointed end of the Emitter downwards above the head using a circular motion, 6 times, in a clockwise direction. Then repeat on the fingertips of each hand with 6 circular motions (these circular motions are also called “wandering”). Proceed to the location of discomfort or the points associated with the condition as shown on the following pages.

Then lightly touch the pointed end of the Emitter on the part of the body where you feel discomfort. Use the charts in this booklet for the acupressure points along with your area of discomfort for best results.* Note; it is not necessary to touch the skin - the Emitter works through clothing. However, touching the skin may enhance the effects. Next, hover within half an inch over where you touched with the Emitter, then wand with 90 small circles over that area.

This process will saturate the tissue with anions which will reduce inflammation and increase blood circulation in that area.*

After the wandling is complete, the anions continue to work in the area that has been wanded.* It may take 10 to 15 minutes after wandling to feel the full effects of the Emitter.*

Suggested Daily Use.

Wearing the Emitter on your body as much as possible is highly recommended. This will give your body greater benefits from the anions being emitted.* If you feel initially light headed, nauseated or you perspire, it means you may be experiencing a detoxification caused by the anions.* In this case, wear the Emitter for 10 to 20 minutes at a time (with breaks in between) for the first day, to detox more slowly. By the second day you should be able to wear the Emitter continuously without any feelings of detoxification.*

Anytime you are around Electromagnetic Fields (EMF), it is a good idea to be wearing an Emitter. EMFs generate positive ions (cations) which are free radicals and can be damaging to your body in multiple ways. The Emitter emits anions that mix with the cations to negate or nullify their damaging effects to the human body.*

Electromagnetic Fields come from anything electronic or that generates or carries electricity. Knowing what you now know, wouldn't it make sense to be protected by the Juuva Anion Emitter everywhere you go, all day long?*

You may also want to try wandling the Emitter over your food and beverages to energize them, and sometimes even improve the taste. For instance, the bitter taste of coffee can be reduced by wandling the Emitter over the cup for at least 15 circles.

How to Use the Charts.

The points to be used are clearly illustrated and described on each chart. It is often more effective to use more than one chart at a time (for example: when using the Emitter for a headache, if the neck area has also been injured in the past, use the "Neck and Shoulder" chart as well). Certain charts indicate a point as being a span of two, three or four fingers' distance from the point. The approximate measurement is adequate for effective use of the Emitter.

For more information on the Juuva Anion Emitter and its benefits please go to www.juuva.com.

The information provided in this booklet is intended for educational purposes only and is not a substitute for the advice of a medical professional.

Abdominal Pain

(Discomfort in the gastrointestinal tract is quite common. Persistent abdominal pain must be identified by a doctor. The emitter can reduce the discomfort and can aid in natural function.)



1. Begin at this site to relieve abdominal pain. It is located approximately 4 fingers below the belly button.

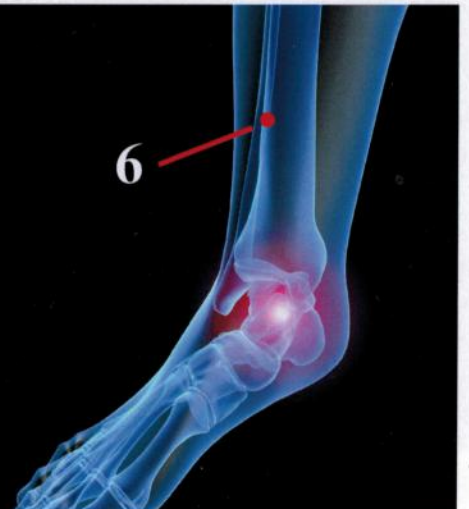
2. This site on the back is located on each side of the spine at the lowest level of the rib cage.

3. This leg site is located approximately 3 fingers below the bottom of the knee cap.

4. This leg site is located on the outside of the leg in the depression under the lower level of the knee cap.

5. This hand site is located at the back of the hand in the skin between the thumb and forefinger.

6. This ankle site is located approximately 4 fingers above the ankle bone in the middle of the inside leg.



Ankle and Foot

(All six sites are important, give particular attention to site number one)



1. This is the most important site for ankle injuries, pain, and swelling. The site is in the center of the ankle where the foot flexes.

2. This site is effective for ankle and lower back. It is located in the back of the protruding bone in the depression on the outside of the foot.

3. On the inside of the foot, in the depression at the back of the protruding bone.

4. Locate this site below the protruding bone on the inner ankle at the inner side of the leg.

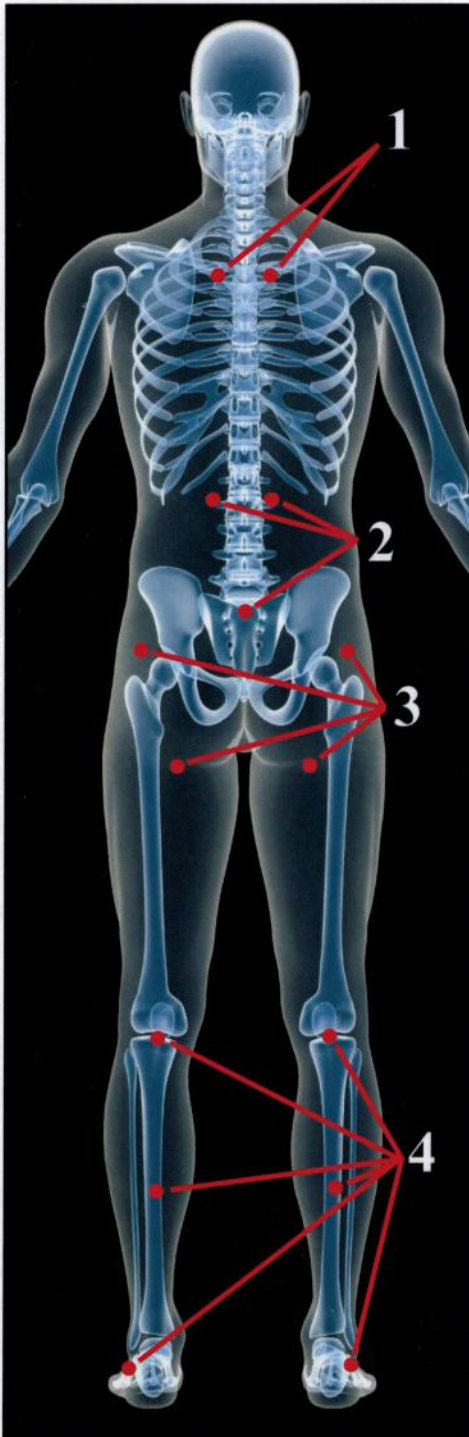
5. This is another important site for ankle pain. Located directly in front of the rounded bone protruding from the inner ankle.

6. This site is beneficial for several areas. Although it's remote from the ankle, this site aids ankle injuries.



Back, Neck and Shoulders

(It is recommended that an individual lie down and allow a 2nd party to use the emitter.)



1. Two key sites are on each side of the spine between the 5th and 6th vertebrae. After locating the prominent vertebrae at the base of the neck, count down 4 more vertebrae to locate these trigger sites.

2. These 3 lower back sites are the most crucial. At the bottom of the rib cage, on each side of the spine you will locate 2. Under those you will find the 3rd on the tailbone.

3. The sites located along the buttocks and on either side of the hip joint will aid to alleviate lower back pain.

4. These remote points are also effective in alleviating pain.

5a. These sites located bilaterally on the spine at the hairline can alleviate tension in the neck and shoulders.

b. Below the prominent vertebrae, this is a key site for neck injury, pain and tension headaches.

6. All 3 sites can relieve shoulder pain. You may target the affected side, or duplicate on both shoulders if pain radiates through the shoulder.

a. This site is below the end of the shoulder bone.

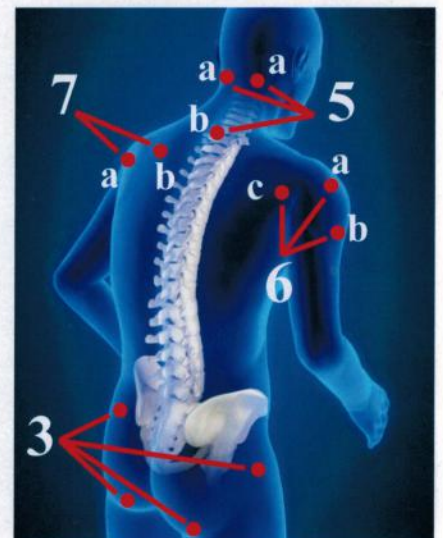
b. Midpoint of the upper arm.

c. Located above the arm pit at the back of the shoulder in the soft tissue below bony top of shoulder.

7. These combined points can be beneficial for localized pain.

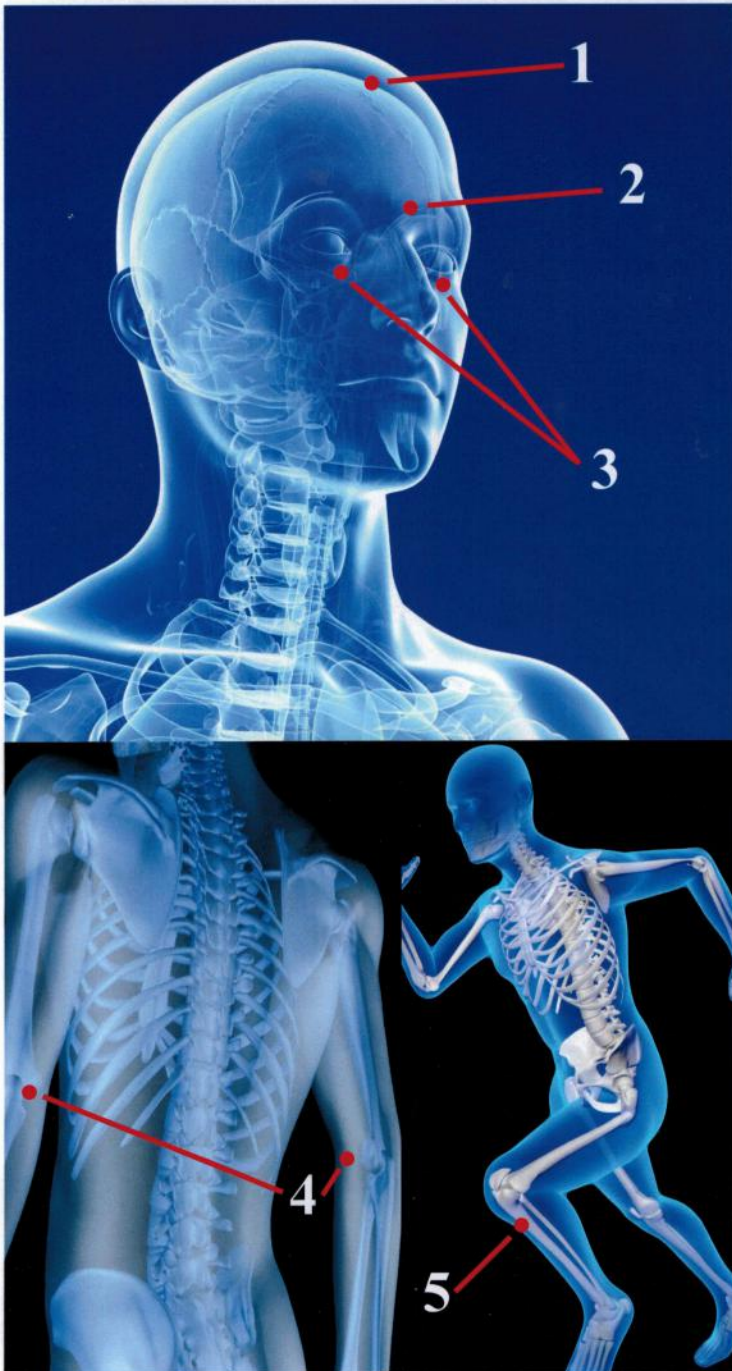
a. Located where the shoulder bone meets the arm. It will aid with the shoulder, but may provide relief to the neck as well.

b. Located mid point between the base of the neck and tip of the shoulder. It is helpful for tension in the neck and shoulders, pain and shoulder injuries and pain.



Concerns With Blood Pressure

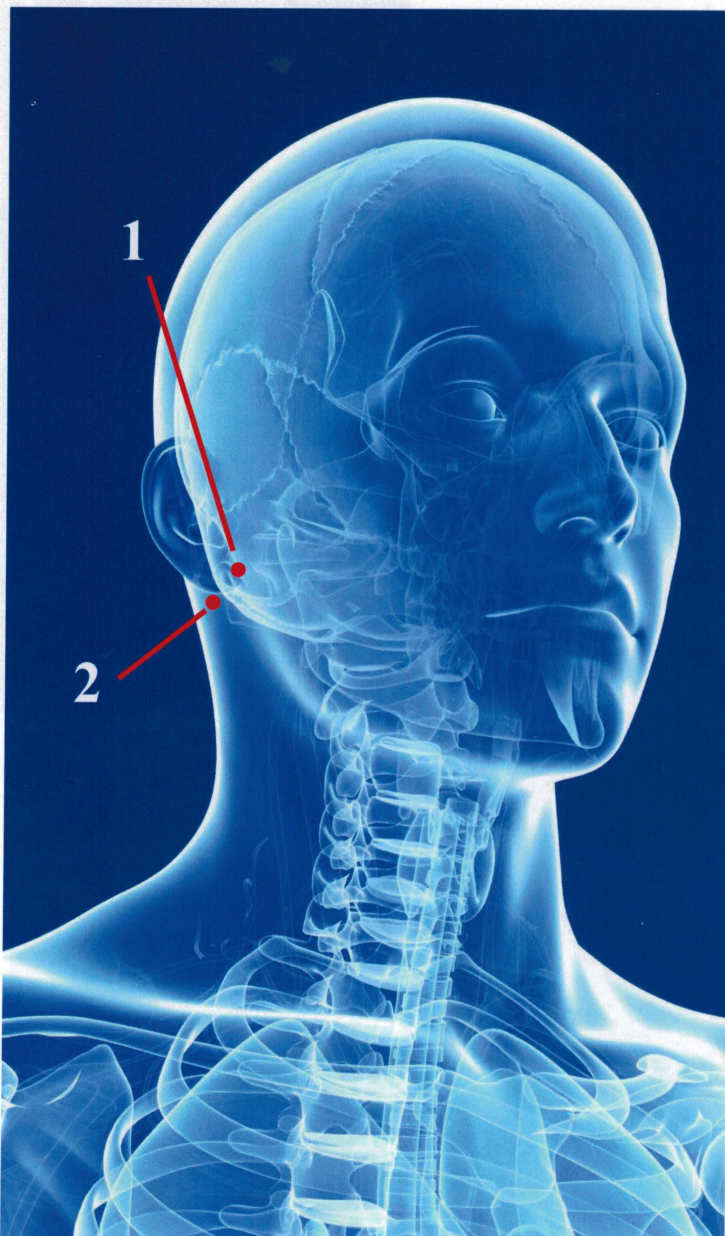
(Using the emitter may provide a natural and effective way to assist with blood pressure concerns.)



1. This is a key site, begin here first. It is located at the hair line directly above site 2.
2. This face site is located in the center of the forehead between the eyebrows.
3. This site is located under the pupil of each eye, just below the lower border of the eye socket.
4. These sites are located where the elbow creases at the inside of the arm, at the end of the crease. Use on both elbows.
5. This site is located approximately 3 fingertips below the lower level of the knee cap, in the middle of the inner leg.

Ear Ringing, Deafness, Dizziness

(Inflammation, ringing in the ears, balance issues, dizziness, and hearing difficulties. These sites are most effective for ringing in the ear and dizziness.)



1. This site is located by opening the mouth wide and feeling for the depression formed in front of the ear at the top of the ear lobe level. Use on both sides.

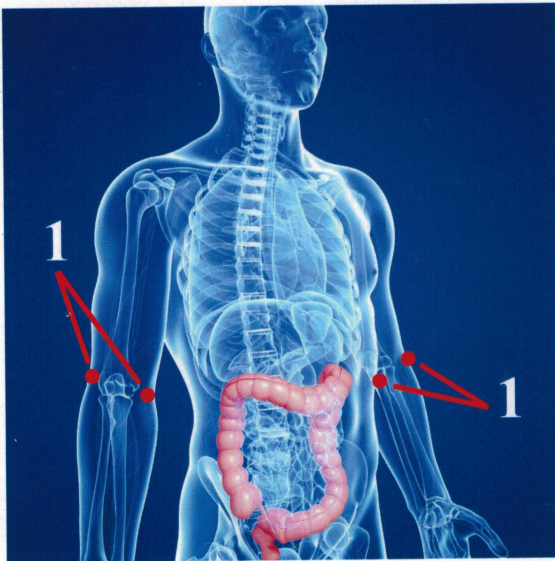
2. This site is located behind the ear lobe in the soft spot before the skull. Use on both sides.

3. This site is helpful for dizziness. It is located above the base of the toes in the soft spot between the large and second toe. Use the emitter on both sides.

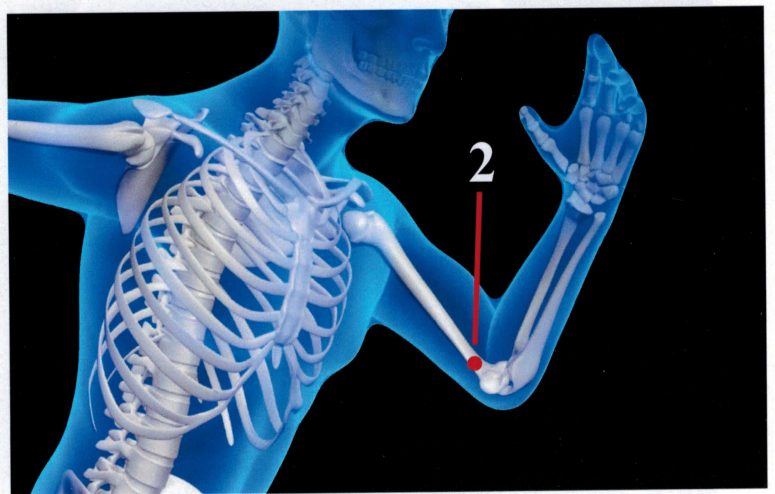


Elbow

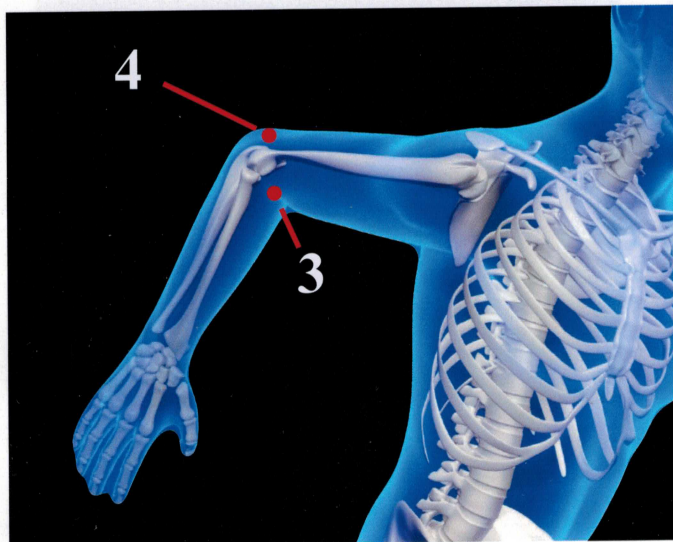
(Previous injuries can cause pain or discomfort. The emitter should be used on all sites.)



1. The site located at the elbow crease line on the inside and outside of the bicep tendon. The bicep tendon is a thick band in the middle front of the elbow.



2. On the inside of the arm the site is located at the end of the crease of the arm.

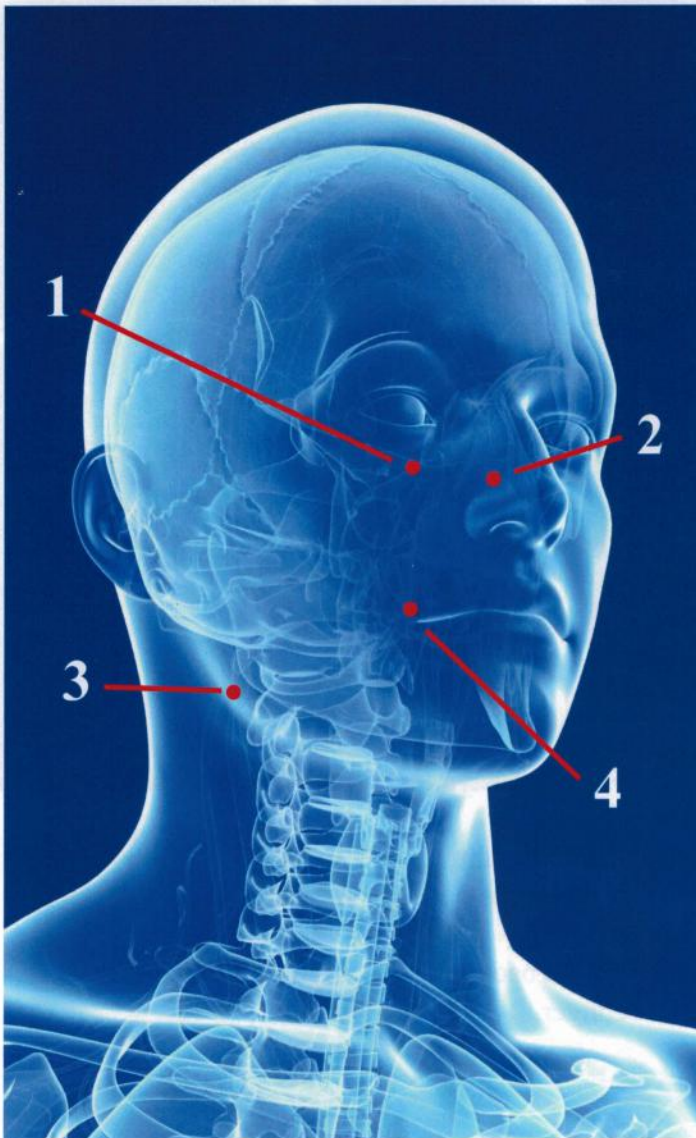


3. Site located on the outside of the arm at the end of the elbow crease.

4. On the outside of the elbow, bend and feel the depression in the bone. The site is at the center of the depression.

Facial

(Weakness involving the face. Documented acupuncture trials report rejuvenation to the affected areas. Use the emitter on both sides of the face, but give more attention to the affected side.)



1. This site is located on each eye under the pupil just below the lower border of the eye socket.

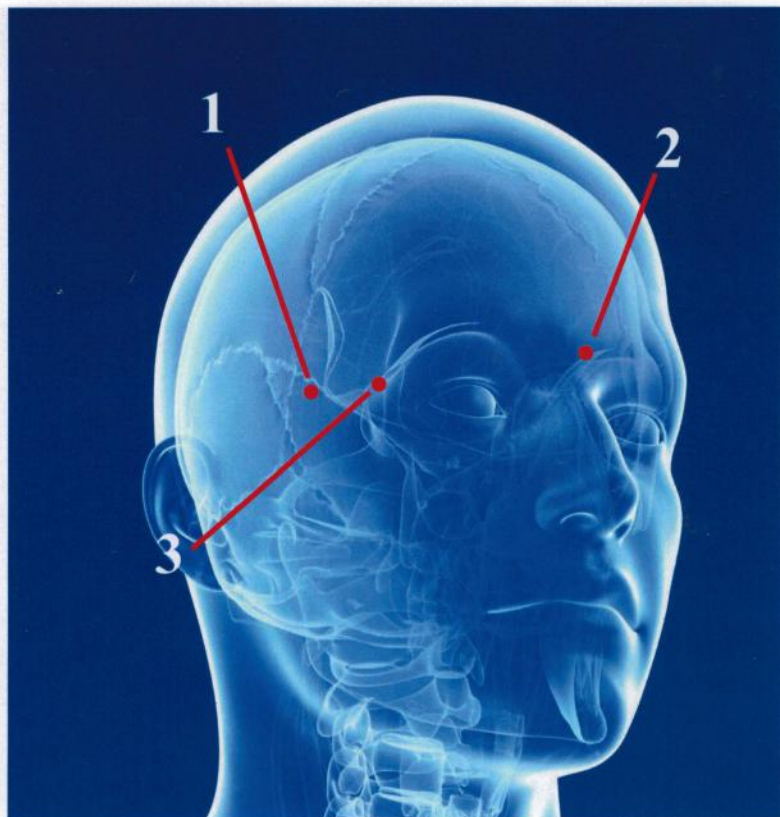
2. On each side of the base of the nose, on the outer corners of the nose.

3. These sites are located on both sides of the face above the point that the angle of the jaw makes.

4. These sites are on each side of the lips.

Headaches

(These sites target more severe headaches. Headache sites are covered in the Back, Neck, and Shoulder section.)



1. Start here for headache sufferers. There is a site located on each side of the forehead in the temple area. Use the emitter on both sides.

2. This is the secondary site for headaches. It can be found on the center of the forehead centrally located in between the eyebrows.

3. This site is located on each side of the forehead at the outer edge of the eyebrows. Use the emitter on both sides.

Wrist points are useful for all headaches.



4. This site is located on the thumb side of the wrist barely above the bone that protrudes out from the wrist.

5. Locate this site on the back of the hand in the skin between the thumb and forefinger.

Knee

(The knee is the most susceptible to damage during athletic activities and exercise. Some sites have multiple uses. Site 5 is vital and should be targeted first.)



1. Approximately 3 fingers above the border of the knee cap in the inner thigh.

2. This is a targeted site for knee injuries and ailments. Located on the inside of the knee on the crease when bent.

3. This leg site is located approximately 3 fingers below the bottom of the knee cap in the middle of the inner leg.

4. For knee and leg injuries focus above the knee cap in the indent to the outside of the thigh bone.

5. This site should be targeted first. Found on the outside of the leg in the indent under the lower level of the knee cap.

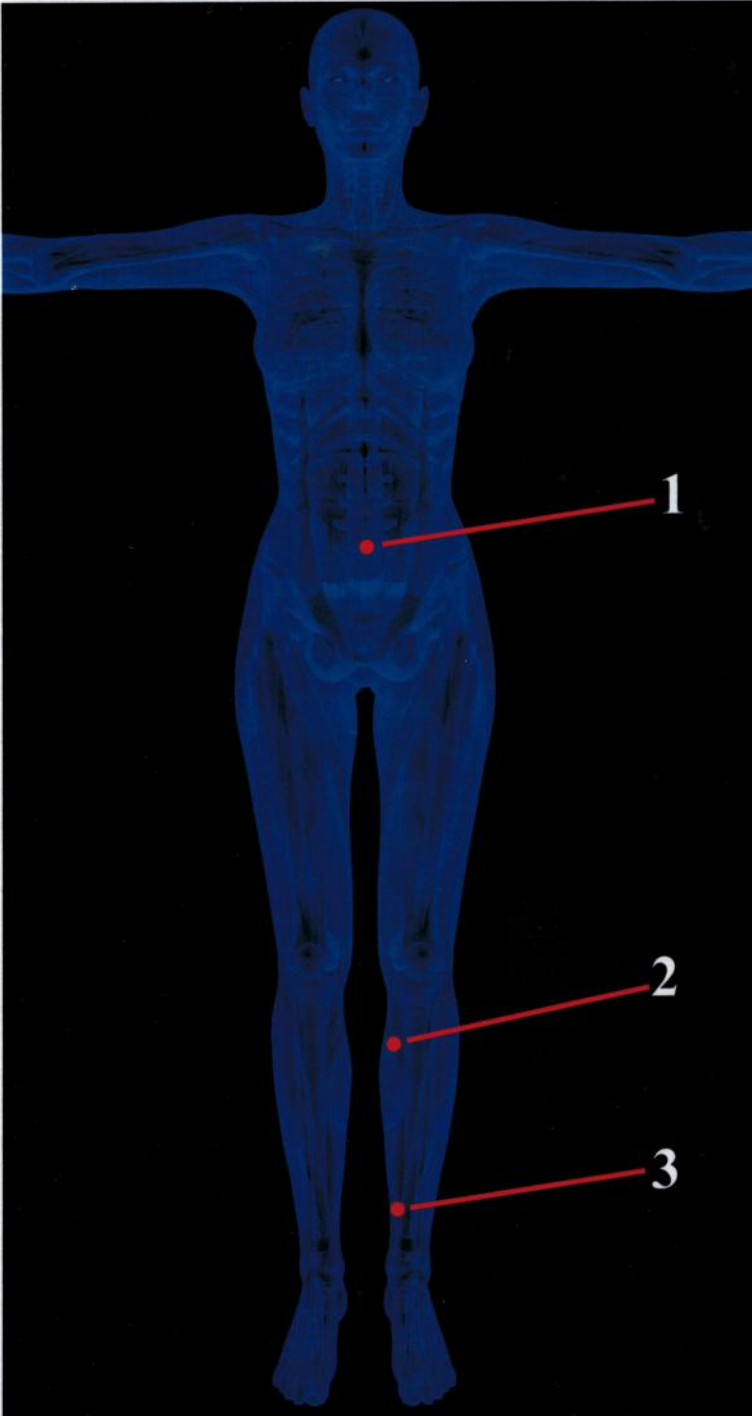
6. When knee is slightly bent, this site can be found in the indent at the lower outside edge of the knee cap.

7. For knee and back injuries focus on the back of the knee in the mid-point crease.



Menstrual Difficulties

(Pain with menstrual cramps, dull aching in the lower back and pelvic regions, bloating, and local irritability. The emitter can help relieve the discomfort.)



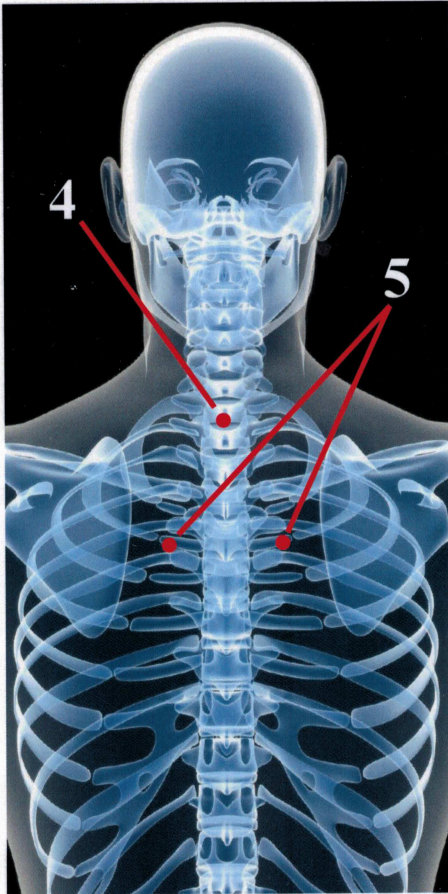
1. The abdominal site, is located approximately 2 fingers below the belly button.

2. The knee point, is located approximately 3 fingers below the lower level of the knee cap on the inside of the leg in the middle. Use the emitter on both legs on this site.

3. The ankle point, is located approximately 4 fingers above the ankle bone on the middle of the inside of the leg. Use the emitter on both ankles on this site.

Respiratory Conditions

*(The environment can affect the respiratory system as well as internal stresses.
To help relieve cough, seasonal ailments, hiccups, and hay fever use all sites listed.)*



1. Use the emitter on this site first. It is found below the collar bone just before the shoulder. Focus on both sides.

2. This site is useful for hiccups and sore throats. It is located above the breast bone in the soft tissue at the front of the neck.

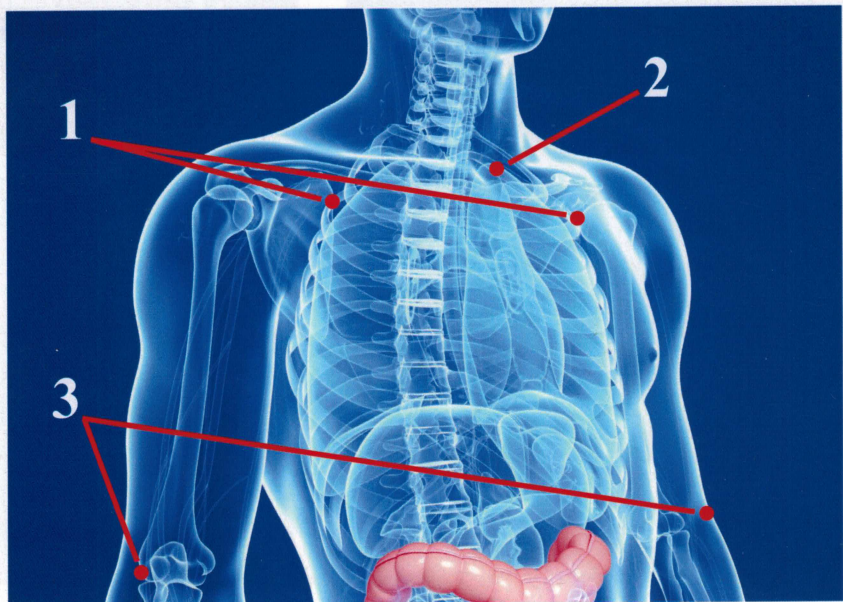
3. The elbow site is located where the elbow creases on the outside of the arm.

4. This neck site is located just below the protruding bone at the base of the neck, in between it and the next lower vertebrae.

5. This back site is located on each side of the shoulder blade, in the soft tissue near the inside edge halfway down the shoulder blade.

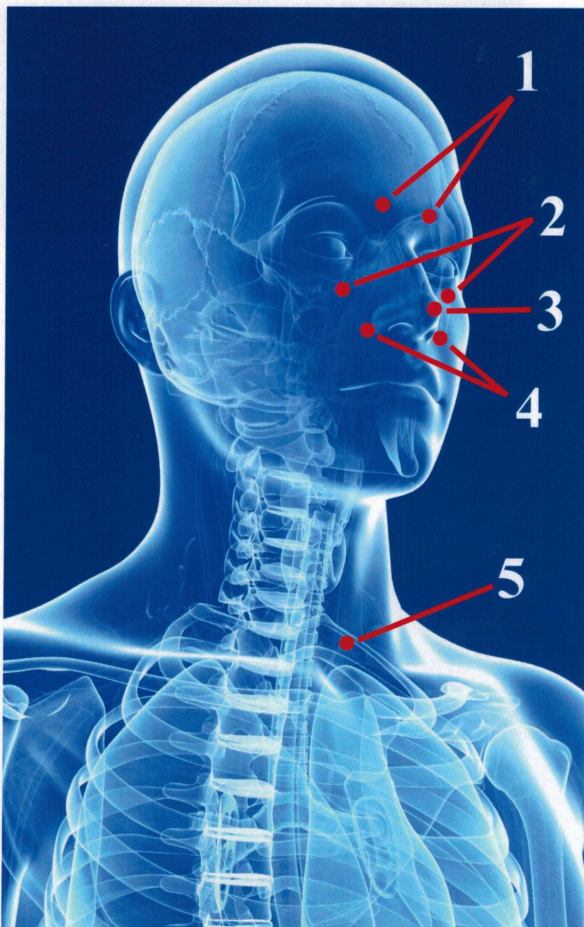
6. This wrist site is on the back of the hand in the skin between of the thumb and forefinger.

7. This site is located on the thumb side of the wrist, above the protruding bone.



Sinus Trouble, Sneezing, and Sore Throat

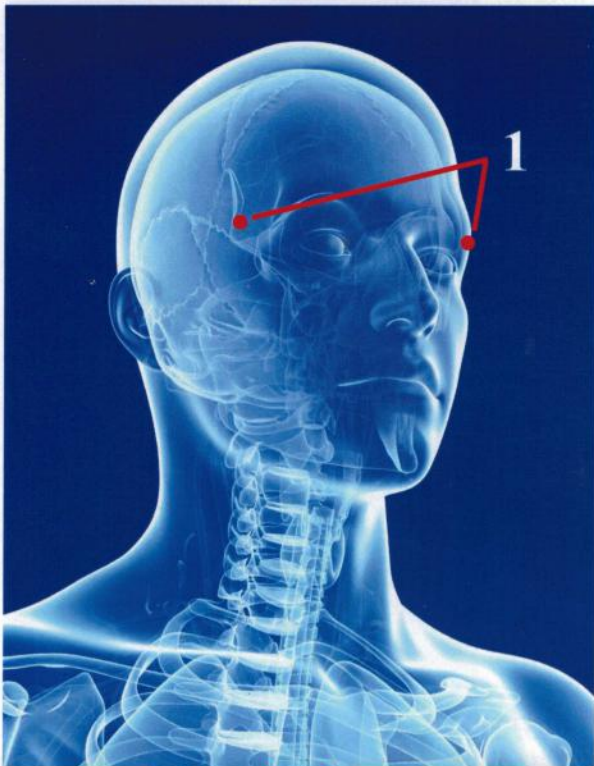
(Sinus issues are often caused by toxins in the body and stimulating the body to detoxify will generally bring relief. Symptoms may be cold-like, low grade fever, teary eyes, drainage from the nose or back of the throat and sneezing.)



1. These sites are located on each side of the forehead at the middle edge of the eyebrow. Use emitter on both sites.
2. These sites are located under the pupil of each eye below the lower border of the eye socket.
3. This site is useful to stop nose bleeds and to stifle a sneeze. It is located over the center of the tip of the nose.
4. These sites are located on the outside base of the nose.
5. This site is helpful for sore throat and general coughing. It is located above the breast bone where the soft tissue at the front of the neck begins.

Sleep

(Sleep is necessary to replenish the immune system.)



1. These sites are on each side of the forehead in the temple area on the same level as the eyebrows.

2. These sites are located on each side of the spine at the natural level of the hairline.

3. This site is located on the little finger side of the palm, where the hand bulges from the wrist.

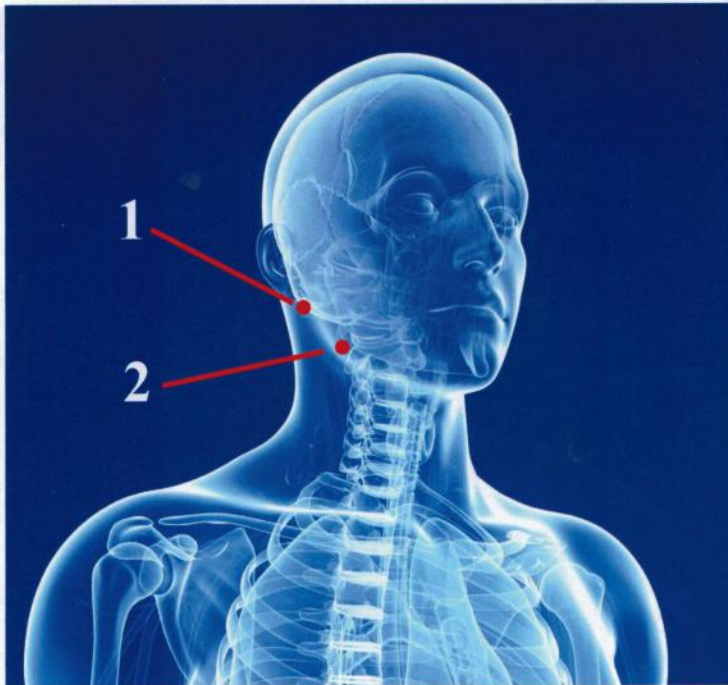
4. This site is located at the back of the hand in the skin between the thumb and forefinger.



Toothache

(When the pain of a toothache needs to be relieved until it can receive necessary care.

These sites can ease the pain after undergoing dental work.)



1. This site is located by opening the mouth wide and feeling the depression formed in front of the ear and the top of the ear lobe. Use the emitter on the painful side first, and then use on the opposite side.

2. This site is located on the side of the face above the point of the angle of the jaw. Use emitter on both sides with a concentration on the painful side.

3. The hand site is very effective. Use the emitter on the hand of the toothache side first, if more relief is needed, use the emitter on the site on the other hand. This site is located at the back of the hand in the skin between the thumb and forefinger.



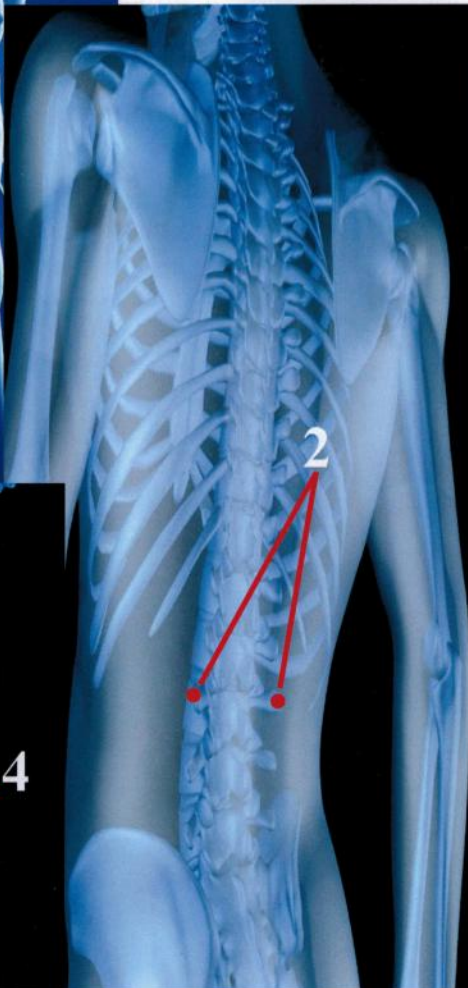
Urinary Problems

(Urinary problems involve a problem along the urinary tract, including the kidneys. Sometimes discomfort in the urinary tract may be a symptom of a problem in another area of the body. The section for abdominal pain may also be of benefit.)



1. The abdominal site is approximately 4 fingers below the belly button.

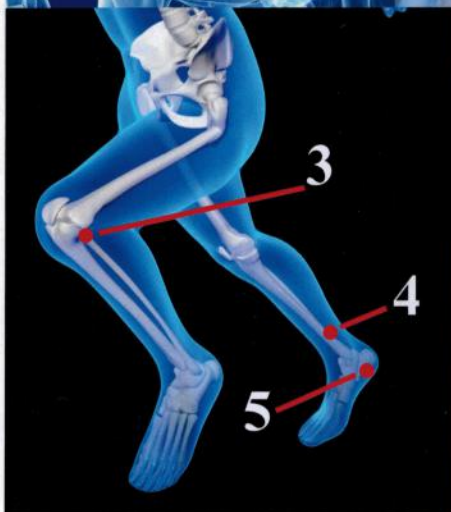
2. The back sites are located on each side of the spine, at the same level as the bottom of the rib cage.



3. This leg site is located on the outside of the leg, below the lower level of the knee cap in the indent area.

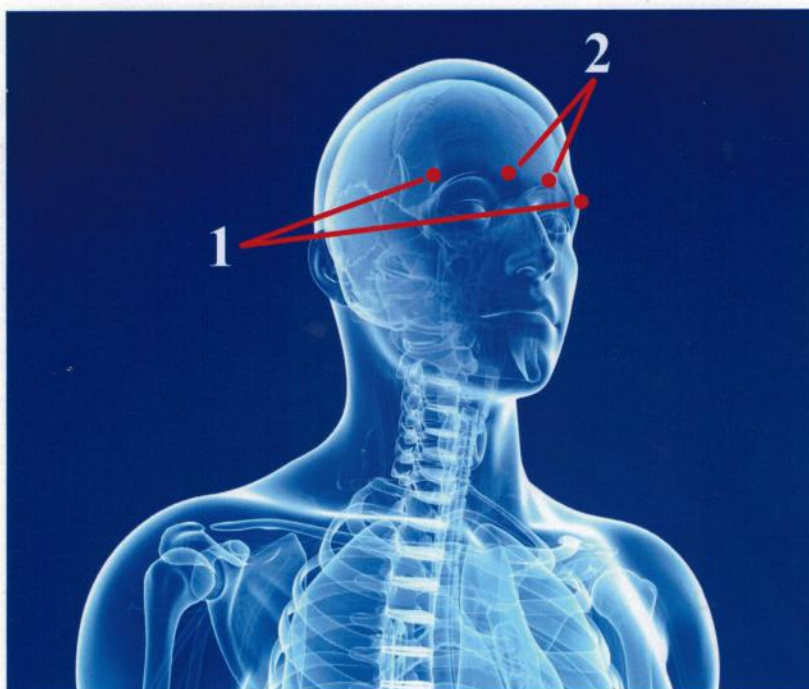
4. This ankle site is located approximately 4 fingers above the rounded bone protruding from the inner ankle.

5. This site is located below the rounded ankle bone protruding from the inner ankle.



Vision Impairments

(Many vision problems can stem from poor diet, physical and mental stress.)



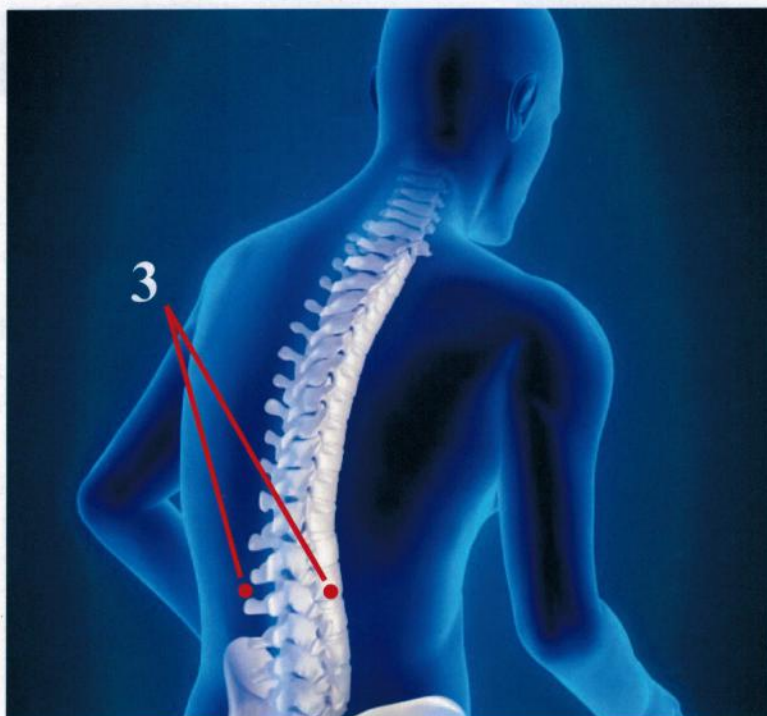
1. Use the emitter on each side of the forehead on the outside edge of the eyebrows.

2. In the middle of the forehead on the inner eyebrow.

3. This is a remote site located at the same level as the bottom of the rib cage on each side of the spine.

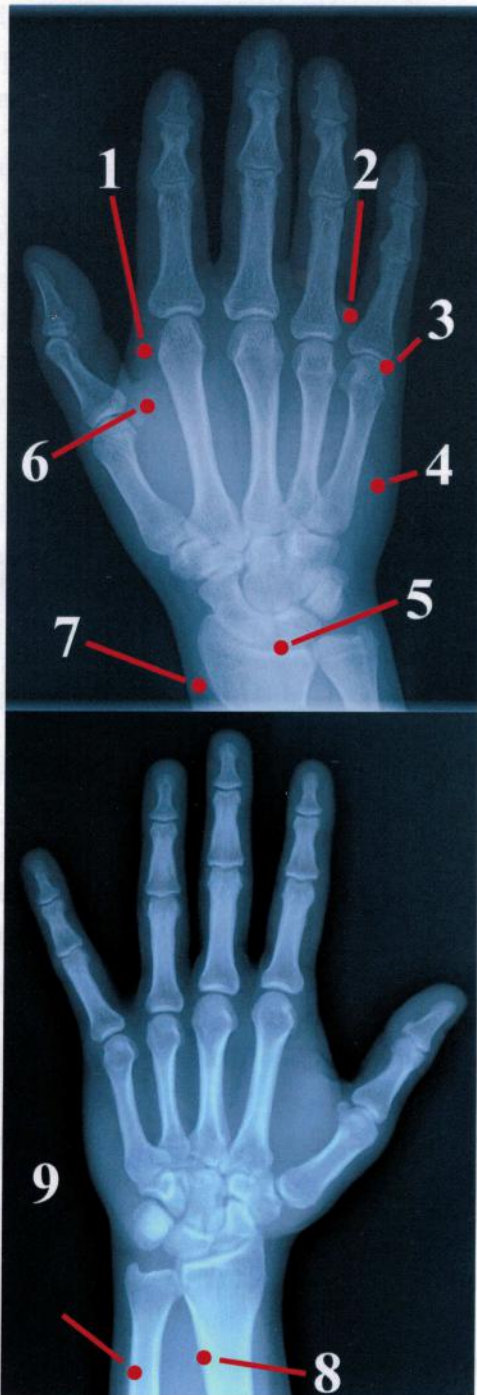
4. Just above the bone that protrudes out from the thumb side of the wrist.

5. This site is located at the back of the hand, in the skin between the thumb and forefinger.



Wrist

(Trauma to the wrist. Pain areas can be localized but all sites should be targeted.)



1. This finger site assists trauma and injuries. Under the index finger on the thumb side.

2. On the back of the hand located between the skin of the little finger and ring finger.

3. On the base of the little finger under the hand.

4. Below finger site 3 on the side of the hand.

5. On the outside of the wrist, this site is in the middle where the wrist bends.

6. For wrist trauma, target this site at the back of the hand in the skin between the thumb and forefinger.

7. Below the thumb on the wrist site above the bone that extends out from that side of the wrist.

8. Located on the palm side of the wrist, it is where the palm and wrist meet, opposite of point 5.

9. Site may help relieve pain and also can relieve tension from injury. Site is where the bone on hand is prominent on the little finger side of the palm.

Other possible ways to use the Anion Emitter

Try wearing the Anion Emitter in areas of discomfort. Here are some areas to try;

- On the inside back collar of the shirt.
- Attached to the bra strap in the back and cover it with a shirt or blouse.
- Inside your sock next to the leg.

For more information go to:

www.juuva.com

or

www.summitsuccess.com

The information provided in this booklet is intended for educational purposes only and is not a substitute for the advice of a medical professional.

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