

Sarah Geringer's Links



Thanks for listening today! You can find my books, podcast and social media links at sarahgeringer.com.

Below, I've listed the resources I mentioned in the podcast. If you choose to make a purchase from any of the links listed below, I receive a small commission at no additional cost to you. Thank you in advance for your support of my writing and speaking ministry!

Kevin Leman's book about false intimacy when living together: [Women Who Try Too Hard](#)

[Boundaries](#) book – this book has changed my life more than any other one, except the Bible.

You may also like [Boundaries in Marriage](#), a book that's been invaluable to me.

I share Dr. Randy Carlson's advice on this post: [Are You Asking the Wrong Question in Your Marriage?](#)

These books helped me most during my marriage separation:

- [I Don't Want a Divorce](#)
- [Love Must Be Tough](#)
- [Hope for the Separated](#)

Lundy Bancroft's secular book [Why Does He Do That?](#) helped me so much.

Need to find a Christian counselor? Contact [Focus on the Family](#) like I did years ago.

[How to Guard Your Heart in a Difficult Marriage](#) – has over 25,000 views to date

[Can a Difficult Marriage Change?](#) – my victory post on our 20th marriage anniversary.

[How People Grow](#) – a great book with the teaching on becoming strong and loving

A popular post of mine: [How to Fill Your Troubled Heart with God's Peace](#)

[If You Feel Less Than Loved](#) – my devotion for Proverbs 31 Ministries, plus a free printable

[Men and Women](#) by Dr. Larry Crabb

[Safe People](#) – another great book by Dr. Cloud and Dr. Townsend

[Stephen Ministries](#) – see if there is a group in your area.

Dr. John Gottman's posts on the [four horsemen](#), and his [book](#) on improving your marriage

Another book I recommend (not mentioned) is titled [Worthy of Her Trust](#)

I talk about fighting back in spiritual warfare in my book, [Transforming Your Thought Life: Christian](#)

[Meditation in Focus](#)

View all of my most popular marriage posts on [this page](#).

My favorite prayer position is described in [Song of Songs 8:3](#).

I hope you'll consider subscribing to my Tea on Tuesdays weekly devotions at [sarahgeringer.com](#).